Siamsa Reel



拍数: 34 墙数: 4 级数:

编舞者: Angie Shirley (UK) 音乐: Tell Me Ma - Sham Rock



IRISH SHUFFLES FORWARD, SCOOT, STEP, SCOOT, STEP

&1&2	Hook right foot in front of and to the outside of left knee, shuffle forward on right, left, right
&3&4	Hook left foot in front of and to outside of right knee, shuffle forward on left, right, left
5&6&	With right knee hitched, scoot back on left foot, step back on right, with left knee hitched

scoot back on right foot, step back on left

SAILOR SHUFFLES WITH ½ TURN RIGHT

7&8	Swing right behind left, step left foot slightly left, step right next to left
9&10	Swing left behind right, step right foot slightly right, step left next to right

Swing right foot behind left making ½ turn right on ball of left foot, step left foot slightly left,

step right next to left

SAILOR SHUFFLES WITH ½ TURN LEFT

13&14	Swing left foot behind right, step right foot slightly right, step left foot next to right
15&16	Swing right foot behind left, step left foot slightly left, step right foot next to left

17&18 Swing left foot behind right making ½ turn left on ball of right foot, step right foot slightly right,

step left next to right

SIDE SHUFFLES WITH TURNS, ROCK STEPS

19&20	Making ¼ turn right, shuffle forward right, left, right
21-22	Rock forward onto left foot, rock back on right
23&24	Making ½ turn left on ball of right foot, shuffle forward left, right, left

25-26 Rock forward onto right foot, rock back onto left foot

CHASSE, FLICK/KICK, CHASSE, FLICK/KICK WITH 1/4 TURN RIGHT

27&28	Step right foot to right side, step left next to right, step right foot to right side
29-30	Flick/kick left foot forward twice
31&32	Step left foot to left side, step right foot next to left, step left foot to left side
33&34	Flick/kick right foot forward(33) hook right foot in front of & to outside of left knee making1/4
	turn right on ball of left foot, flick/kick right foot forward

REPEAT