Silver City Strut

拍数: 48

级数: Intermediate

编舞者: Coastal Boot-Scooters

音乐: This State of Mind - Diamond Rio

- 1-4 Right 45, together, left 45, together
- 5-8 Right 45, right toe together, hitch right and slap right knee with right hand or right elbow, right toe together
- 9-12 Repeat last 4 beats
- 13-16 Vine left, scuff with ½ turn to the left
- 17-20 Strut right forward, strut left forward
- 21-24 Tap right heel forward, scoot back on left and lift right heel, step on right, scuff left with ¼ turn to the left

Easier alternative first 3 beats-step forward on nominated foot, rock back on opposite, rock forward

25-28 Strut left forward, strut right forward

29-32 Tap left heel forward, scoot back on right and lift left heel, step on left, stomp right

Easier alternative first 3 beats-step forward on nominated foot, rock back on opposite, rock forward)

- 33-36 Right 45, together, left 45, together
- 37-40 Jump forward landing with heels together and toes out, swivel heels out, heels in, slap right behind left with left hand
- 41-44 Vine right with 1/4 turn to the right on 3rd beat, slap left behind right with right hand
- 45-48 Vine back left-right-left, stomp right

REPEAT





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墙数: 2