

Silver Shadow

拍数: 50 墙数: 0 级数:
编舞者: Sandy Tombs & Tony Tombs
音乐: Silver Shadow - Plain Loco



Position: Sweetheart facing RLOD. Both on same foot
Sandy and Tony are also known as Sanantone

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|-------|---|
| 1-2 | Step forward on right, rock forward onto left |
| 3-4 | Rock back onto right, step back on left |
| 5-6 | Rock back onto right, rock forward onto left |
| 7-8 | Step forward on right, pivot ½ turn left |
| | |
| 9-10 | Step forward on right, touch left to left side |
| 11-12 | Step forward on left, touch right to right side |
| 13-14 | Step forward on right, touch left to left side |
| 15-16 | Step forward on left, drop arms, and pivot ¼ turn right |

Weight on right, facing outside LOD hands on waist or buckles

SHADOW SECTION

Hands remain at waist level or on buckles during shadow section steps 17-48

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|-------|--|
| 17-18 | Rock forward onto left, rock back onto right |
| 19&20 | Left cha-cha in place |
| 21-22 | Rock back onto right foot, rock forward onto left foot |
| 23&24 | Right cha cha in place |
| | |
| 25 | Rock forward onto left, making a ¼ turn right to face RLOD |
| 26 | Rock back onto right |
| 27&28 | Do a left cha-cha making ½ turn left to face LOD |
| 29-30 | Step forward on right, pivot ½ turn left, RLOD |
| | |
| 31&32 | Right cha-cha forward still RLOD |
| 33-34 | Step forward on left, pivot ½ turn right |
| 35&36 | Left cha-cha forward LOD |
| | |
| 37-38 | Step on right, left |
| 39&40 | Right cha-cha making a full turn to the left, moving forward |
| | |
| 41-42 | Step on left, right |
| 43&44 | Left cha-cha, making a full turn to the right, moving forward |
| | |
| 45-46 | Right toes cross over left (touch), touch right toes to right |
| 47-48 | Right foot cross over left, pivot ½ turn left to face RLOD |
| 49-50 | Touch right toes to right (arms up back into sweetheart position), touch right beside left |

REPEAT