

Sing Along

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pepper Siquieros (USA)
音乐: Sing Along - Rodney Atkins



ROCK STEP, COASTER STEP, STEP, PIVOT ½, STOMP, CLAP CLAP

1-2 Rock forward on right foot, replace weight back to left foot
3&4 Step back on right foot, step together on left foot, step forward on right foot
5-6 Step forward on left foot, pivot ½ right shifting weight to right foot
7&8 Stomp forward on left foot, clap twice

HIP SHAKES, STEP, PIVOT ½, SHUFFLE FORWARD

1&2 Step forward on right foot shaking hips forward, back, forward
3&4 Step forward on left foot shaking hips forward, back, forward
5-6 Step forward on right foot, pivot ½ left shifting weight to left foot
7&8 Shuffle forward right foot, left foot, right foot

VINE, STOMP, SIDE, TOGETHER, SIDE SHUFFLE ¼ TURN

1-3 Step left foot to left side, cross right foot behind left foot, step left foot to left side
4 Stomp right foot next to left foot keeping weight on left foot
5-6 Step right foot to right side, step left foot next to right foot
Option: make a full turn right turn on counts 5-6
7&8 Shuffle to right side right foot, left foot, right foot with ¼ turn right

ROCK STEP, COASTER STEP, STEP PIVOT ½, STOMP/CLAP, STOMP/CLAP

1-2 Rock forward on left foot, replace weight back to right foot
3&4 Step back on left foot, step together on right foot, step forward on left foot
5-6 Step forward on right foot, pivot ½ left shifting weight to left foot
7-8 Stomp forward right foot with a clap, left foot with a clap
Option: make a full turn to the left as you step right foot, left foot

REPEAT
