

Size Nines

拍数: 32 墙数: 4 级数: Improver
编舞者: Steve Willeter (UK)
音乐: Sweet Dreams My la Ex - Rachel Stevens



STEP OUT OUT, STEP IN IN, RIGHT SHUFFLE FORWARD, LEFT ROCK FORWARD RECOVER

- 1-2 Step right slightly forward and out, step left slightly forward and out
- 3-4 Step left slightly back and in, step left slightly back and in
- 5&6 Step forward right, step left beside right, step forward right
- 7-8 Rock forward on left, recover back on right

LEFT SHUFFLE BACK, POINT BACK RIGHT TOE, RIGHT HALF PIVOT, ROCK LEFT RECOVER, CROSS LEFT, STEP RIGHT

- 1&2 Step back left, step right beside left, step back left
- 3-4 Point right toe back, unwind half a turn right putting the weight on the right foot
- 5-6 Rock left to the left, recover on right
- 7-8 Cross left over right, step right to the right

BEHIND SIDE CROSS, ROCK RIGHT & RECOVER, RIGHT CROSS AND CROSS, SIDE & BEHIND

- 1&2 Step left behind right, step right to the right, cross left over right
- 3-4 Rock right to the right, recover on left
- 5&6 Cross right over left, step left to left, cross right over left
- 7-8 Step left to left, step right behind left

STEP LEFT, CROSS RIGHT, ROCK LEFT ¼ TURN RIGHT, ¼ TURN RIGHT, ¼ TURN RIGHT, 3 HEEL BOUNCES WITH STEP

- &1-2 Step left to the left, cross right over left, rock left to the left
- 3-4 Recover on right with a ¼ turn to the right, step ¼ turn right stepping onto left.
- 5-8 Step ¼ turn right stepping back on right, bounce left heel 3 times on last bounce put weight on left foot

REPEAT
