Skater Shuffle (P)

拍数: 32

级数: Partner

编舞者: Pepper Siguieros (USA)

音乐: Live Close By, Visit Often - K.T. Oslin

墙数:0

Position: Partners start side by side. Couples are in Skaters Position (Right hands on lady's waist, Left hands down and out in front

WALK RIGHT, LEFT, RIGHT SHUFFLE, WALK LEFT, RIGHT, LEFT SHUFFLE

- 1-2 Walk forward right, left
- 3&4 Shuffle forward right, left, right
- 5-6 Walk forward left, right
- 7&8 Shuffle forward left, right, left

RIGHT HEEL ROCK STEP, RIGHT BACK COASTER

- 1-2 Rock forward onto right heel, replace weight to left
- 3&4 Right coaster step or just shuffle in place right, left, right

STEP LEFT, ½ PIVOT RIGHT, LEFT SHUFFLE FORWARD

1-2 Step forward onto left, pivot ¹/₂ right onto right

Couples end up in reverse skaters, left hands move down to ladies waist and right hands down and out in front

3&4 Shuffle forward left, right, left

STEP RIGHT, ½ PIVOT LEFT, RIGHT SHUFFLE FORWARD

1-2 Step forward onto right, pivot ½ left onto left

Couples return to skaters position

3&4 Shuffle forward right, left, right

LEFT HEEL ROCK STEP, LEFT BACK COASTER

- 1-2 Rock forward onto left heel, replace weight to right
- 3&4 Left coaster step or just shuffle in place left, right, left

Man brings left hand down to lady's waist and steps behind lady during coaster step

SKATE RIGHT, HOLD, LEFT HOLD, RIGHT, LEFT, RIGHT, LEFT

- 1-2 Skate step diagonally forward to right onto right, hold
- 3-4 Skate step diagonally forward to left onto left, hold
- 5-8 Skate forward right, left, right, left

Couples return to Skaters Position on last skate step

Option: on steps 5-8 man is behind woman, they release hands at hips and both do a full turn to the right, stepping into Skaters Position on step 8

REPEAT



