Ski Country



拍数: 48 墙数: 4 级数: Beginner

编舞者: Kathy Gurdjian (USA)

音乐: Put Your Heart Into It - Sherrié Austin



DIAGONAL STEPS, TRAVELING BACK (CHECKING OUT THE BACK COUNTRY!)

1-2	Step back right on diagonal, slide touch left toe to right foot/clap
3-4	Step back left on diagonal, slide touch right toe to left foot/clap
5-6	Step back right on diagonal, slide touch left toe to right foot/clap
7-8	Step back left on diagonal, slide touch right toe to left foot/clap

STEP FORWARD, SHIMMY, TOGETHER/CLAP (SHAKIN' OFF THE SNOW!)

0.40	0		
9-10	Step forward right on diagonal a	as you bend over and shimm	ny shoulders 2 times

11-12 Touch left together with right, straighten up and clap

13-14 Step forward left on diagonal as you bend over and shimmy shoulders 2 times

15-16 Touch right together with left, straighten up and clap

PIVOT 1/4 RIGHT, POLKA STEPS, STEP SCUFFS (DODGING THOSE TREES!)

&	On ball of left pivot ¼ turn right
17&18	Triple step forward right, left, right
19&20	Triple step forward left, right, left
21-22	Step forward right, scuff left heel forward
23-24	Step forward left, scuff right heel forward

HEEL TAPS (MOGULS, KEEP THIS LIGHT AND BOUNCY!)

25-26&	Tap right heel front 2 times, & step right back to center
27-28&	Tap left heel front 2 times, & step left back to center
29-30&	Tap right heel front 2 times, & step right back to center

31-32 Tap left heel front 2 times

SIDE STEPS (DOWN HILL CRUISING, LOTS OF POWDER!)

33-34	Step left to left, step right to left
35-36	Step left to left, touch right toe to left foot
37-38	Step right to right, step left to right foot
39-40	Step right to right, touch left toe to right foot

STOMP, HOLD, HIPS (MADE IT!)

41-44 Stomp left out to left side, hold 3 counts (note below)

45-48 Bump hips right, left, right, left

REPEAT

For phrasing purposes, at the end of the song on vocals, "We're From the Country" 3 times, Tag additional 8 counts, to the last 8 counts as follows:

41-44	Stomp left out to left side, hold 3 counts
Tag	Bump right hip to right, hold 3 counts
Tag	Bump left hip to left, hold 3 counts
45-48	Bump hips right, left, right, left