

Sleepwalking

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate nightclub
编舞者: Robert Lindsay (UK)
音乐: Sleepwalking - Maria Lawson



ROCKING CHAIR, ROCK & CROSS RIGHT AND LEFT, TURN, TURN, TOUCH

1&2& Rock forward on right, recover on left, rock back on right, recover on left
3&4 Rock right to right, recover on left, step right across in front of left
5&6 Rock left to left, recover on right, step left across in front of right
7&8 Turning $\frac{1}{4}$ turn left step back on right, turning $\frac{1}{4}$ turn left, step left to left, touch right beside left

RIGHT AND LEFT, & KICK BALL STEP, & STEP TURN $\frac{1}{2}$ STEP TURN $\frac{1}{4}$ MAMBO TOUCH

1&2& Touch right to right, step right beside left, touch left to left, step left beside right
3&4 Kick right foot forward, step down on the ball of right, step forward left
&5&6 Step right behind left, step forward left, pivot $\frac{1}{2}$ turn right, $\frac{1}{4}$ turn right stepping left to left
7&8 Rock back on right, recover left, touch right beside left

SAILOR $\frac{1}{4}$ TURN, & RIGHT LOCK FORWARD, ROCKING CHAIR, STEP TURN $\frac{1}{4}$ CROSS

1&2 Right sailor step making $\frac{1}{4}$ turn to the right
&3&4 Step left behind right, step forward right, lock left behind right, step forward right
5&6& Rock forward on left, recover on right, rock back on left, recover on right
7&8 Step forward on left, turn $\frac{1}{4}$ right, step left across in front of right

Restart here after 24 counts of wall 5

STEP $\frac{1}{2}$ TWICE, ROCK AND TOUCH, ROCKING CHAIR, STEP $\frac{1}{2}$ TURN STEP, STEP

1&2& Step forward right, pivot $\frac{1}{2}$ turn left, step forward right, pivot $\frac{1}{2}$ turn left
3&4 Rock right to the right, recover on the left, touch right beside left
5&6& Rock forward on right, recover on left, rock back on right, recover on left
7&8& Step forward right, pivot $\frac{1}{2}$ turn left, step right forward, step left forward

REPEAT

RESTART

On wall number 5 dance up to count 24. Start the dance again from the beginning