Slicin' Sand

拍数: 0   墙数: 0   级数:

编舞者: Gerard Murphy (CAN)

音乐: Slicin' Sand - Elvis Presley

Sequence: A, A, B, A, A, A to #12, Finale

PART A

1-4	Point left toes to left (pose!), hold x 3
&5-8	Replace left next to right, point right toes to right, hold x 3 (pose!)
9-12	Replace right next to left making ¼ turn right into sitting position (pose!), hold x 3
13-16	Bump hips right, left, right, left while rising up to standing
17-20	Touch right toes forward, drop right heel, touch left toes forward, drop left heel
21-24	Touch right toes to right, drop right heel, touch left toes over right to right, drop left heel
25-28	Rock forward onto right making a ¼ turn right, recover onto left, rock back on right, recover on left
29-32	Rock forward onto right making a ¼ turn right, recover onto left, rock back on right, recover on left
33-36	Walk right forward, hold, walk left forward, hold
37-40	Long step right to right (pose!), hold x 3
41-44	Point left toes forward, hold, point left toes back, hold
45-48	Step left forward, hold, step right next to left, hold

PART B

1-8	Long step left to left, hold, step right next to left, hold, step to left - left, right, left, hold
9-12	Making a ¼ turn right, long step right to right, hold, step left next to right, hold, step to right - right, left, right, hold
17-24	Making a ¼ turn right, long step left to right, hold, step right next to left, hold, step to left - left, right, left, hold
25-32	Making a ¼ turn right, long step right to right, hold, step left next to right, hold, step to right - right, left, ¼ turn right, hold

FINALE

From count #12 in "A", stay in sitting position, 7 toe struts forward (14 counts) leading with right, point left toes forward and pose looking to left (count 15) to the front wall!