

Smarten Up

COPPER KNOB
STEPPERS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Gerard Murphy (CAN)
音乐: Don't Be Stupid (You Know I Love You) - Shania Twain



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|-----------|---|
| 1&2& | Step in place; right, left, right, left |
| 3&4& | Step right heel forward, step left in place, step right toe behind, step left in place |
| 5&6& | Scuff right forward, ¼ turn to the left on left, stomp right & hold |
| 7&8 | Shuffle right, left, right to right |
| | |
| 9& | Cross/step left behind right, slide/hop back on left while hitching right |
| 10& | Cross/step right behind left, slide/hop back on right while hitching left |
| 11&12& | Cross/step left behind right, clap, clap, hold |
| 13& | Cross/step right behind left, slide/hop back on right while hitching left |
| 14& | Cross/step left behind right, slide/hop back on left while hitching right |
| 15&16 | Cross/step right behind left, clap, clap |
| &17 | Hop back on left, hop forward on right (switching position from 15) |
| 18 | With weight on right heel and left ball, swivel both to the left as one unit (right swivels left, left swivels right) |
| 19&20 | Swivel both back in place, swivel both as in 18, swivel both back in place |
| | |
| 21&22 | Step right to right, step left in place, cross right over left |
| 23 | Pivot on right making ¾ turn to the left with weight transferring to left |
| 24& | Scuff right next to left, hop in place on left |
| 25-26 | Step right heel to right, step left behind right |
| &27 | Quickly step right to right, cross and step left over right |
| &28 | Quickly step right to right, cross and step left behind right |
| &29 | Quickly step right to right, cross and step left over right |
| 30 | Pivot on left making ¾ turn to the right with weight transferring to right |
| | |
| 31&32 | Shuffle forward (left, right, left) |
| | |
| 33&34&35& | Quickly cross & step right over left, step left ball to left still behind right (repeat 2 more times) |
| 36& | Quickly cross & step right over left, hitch left knee |
| 37&38&39& | Quickly cross & step left over right, step right ball right still behind left (repeat 2 more times) |
| 40& | Quickly cross & step left over right, hitch right knee |

REPEAT

Arms are at sides throughout the dance except for the following:

ARM MOVEMENTS FOR COUNTS 31-40 ON FRONT & BACK WALLS ONLY:

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|-------|--|
| 31&32 | Grasp hands with dancers on your right & left and |
| 33-36 | In a swooping motion raise them to shoulder height as you begin the cross-ball steps. Hold hands in this position for counts 33-36 |
| 37-40 | Drop arms to sides, still grasped |
| 41 | Release hands |

ARM MOVEMENTS FOR COUNTS 33-40 ON SIDE WALLS ONLY:

- | | |
|-------|---|
| 33-36 | Cross right forearm in front of stomach with arm turned in cross left forearm behind back, facing out |
| 37-40 | As above - with opposite arms! |

HEAD MOVEMENTS FOR COUNTS 33-40 (ALWAYS!)

- 33-36 Head turns left
 - 37-40 Head turns right
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