

Smokin Cowboy

COPPER KNOB
STEPPERS

拍数: 76 墙数: 2 级数: Intermediate/Advanced
编舞者: "Rodeo" Ruth Lambden (UK)
音乐: I'm a Cowboy - Smokin' Armadillos



RIGHT HEEL HITCH X2, RIGHT VINE

- 1-2 Tap right heel forward, hitch right knee
- 3-4 Tap right heel crossed over left foot, hitch right knee
- 5-8 Right step to right side, cross left behind right, right step to right side, touch left beside right
- 9-16 Repeat steps 1-8

JUMPING JACKS

- &17 Step left foot in place, touch right heel diagonally forward
- &18 Jump right foot back in place & quickly step on left
- &19 Step right foot in place, touch left heel diagonally forward
- &20 Jump left foot back in place & quickly step on right
- &21 Step left foot in place, touch right heel diagonally forward
- &22 Jump right foot back in place & quickly touch left in place
- &23 Step left foot in place, touch right heel diagonally forward
- &24 Jump right foot back in place & quickly step left in place

JUMP/CROSS/UNWIND/JUMP/CROSS/UNWIND

- 25-26 Jump both feet apart, jump crossing right over left
- 27-28 Unwind a full turn to the left
- 29-30 Jump both feet apart, jump crossing right over left
- 31-32 Unwind a ½ turn to the left

SHUFFLES FORWARD/SHUFFLE RIGHT/SHUFFLE LEFT

- 33&34 Right forward shuffle
- 35&36 Left forward shuffle
- 37&38 Turn to face wall on right & right forward shuffle
- 39&40 Turn to face wall on left & left forward shuffle

STEPS OUT & IN

- 41 ¼ turn right by stepping right foot out to right side
- 42 Step left foot out to left (bend knees on these two steps)
- 43-44 Step right back in place, step left back in place (straighten legs on these steps)
- 45-48 Repeat steps 41-44 (facing same direction)

STEP OUT/SLAP IT/SHOOT

- 49-50 Step right to right side & left to left side
- 51 With right hand slap and hold right buttock
- 52 With left hand slap and hold left buttock
- 53-54 Look over right shoulder, with right hand aim & fire imaginary gun twice
- 55-56 Look over left shoulder, with left hand aim & fire imaginary gun twice

1 ½ WINDMILL TURN

- 57 Step back on right leg turning ½ turn right
- 58 Swing left leg across for another ½ turn right
- 59 Swing right foot behind for another ½ turn right
- 60 Touch left foot next to right

SHUFFLE STEPS/PIVOTS

61-64 Left forward shuffle, right forward shuffle

65-68 Step forward on left foot & pivot ½ turn to right, repeat

SHIMMY/TURN

69 Take a large step to the left with left foot

70-71 Step right foot to left-take two beats and shimmy shoulders

72 With weight on left foot pivot ½ turn left

73 Take a large step to the right with right foot

74-75 Slide left foot to right-take two beats and shimmy shoulders

76 Close left to right, taking weight on left

REPEAT
