# **Snail Mail**

拍数: 32

级数: Improver

编舞者: Aina Fystro (NOR)

音乐: Why Haven't I Heard From You - Reba McEntire

2nd place for Country Newcomer/Novice at the 2nd Norwegian Championships

## STEP SLIDE, TOUCH, TOUCH, COASTER, HIP BUMPS

- 1-2 Step right to right side, slide left towards right
- 3-4 Touch left toes forward, touch left toes left
- 5&6 Step left foot back, step right foot next to left, step left foot forward
- 7 Touch right toes slightly forward while bumping hips to the right
- &8& Bump hips to the left, bump hips to the right, bump hips to the left

### WALK, WALK, LOCK, ¼ SWEEP LEFT, HEEL JACK

- 1-2 Walk right, walk left
- 3&4 Step right back, lock left in front of right, step right back
- 5-6 Make a ¼ turn left on right foot while sweeping left foot, step left foot next to right foot
- &7 Step right foot slightly back, touch left heel forward
- &8 Step left beside right, touch right beside left

#### STEP SLIDE, 1/2 PADDLE TURN, CROSSING SHUFFLE

- 1-2 Step right to right, slide left towards right
- &3-4 Step left next to right, cross right in front of left, step left out to the side
- &5 Hitch right knee slightly while pivoting 1/4 left, touch right toe to right side
- &6 Hitch right knee slightly while pivoting 1/4 left, touch right toe to right side
- 7&8 Cross right in front of left, step left to left, cross right in front of left

## STEP BACK LEFT, STEP RIGHT TO SIDE, SHUFFLE, SKATE, SKATE

- 1-2 Step left back, step right out to the side
- 3&4 Shuffle forward left, right, left
- 5-6 Twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on left foot
- 7-8 Twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on left foot

## REPEAT





**墙数:**4