Snail Mail



编舞者: Aina Fystro (NOR)

音乐: Why Haven't I Heard From You - Reba McEntire



2nd place for Country Newcomer/Novice at the 2nd Norwegian Championships

STEP SLIDE, TOUCH, TOUCH, COASTER, HIP BUMPS

1-2 Step right to right side, slide left towards right3-4 Touch left toes forward, touch left toes left

5&6 Step left foot back, step right foot next to left, step left foot forward
7 Touch right toes slightly forward while bumping hips to the right
8&8 Bump hips to the left, bump hips to the right, bump hips to the left

WALK, WALK, LOCK, 1/4 SWEEP LEFT, HEEL JACK

1-2 Walk right, walk left

3&4 Step right back, lock left in front of right, step right back

5-6 Make a ¼ turn left on right foot while sweeping left foot, step left foot next to right foot

&7 Step right foot slightly back, touch left heel forward

&8 Step left beside right, touch right beside left

STEP SLIDE, ½ PADDLE TURN, CROSSING SHUFFLE

1-2 Step right to right, slide left towards right

Step left next to right, cross right in front of left, step left out to the side
Hitch right knee slightly while pivoting ¼ left, touch right toe to right side
Hitch right knee slightly while pivoting ¼ left, touch right toe to right side
Cross right in front of left, step left to left, cross right in front of left

STEP BACK LEFT, STEP RIGHT TO SIDE, SHUFFLE, SKATE, SKATE

1-2 Step left back, step right out to the side

3&4 Shuffle forward left, right, left

5-6 Twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on

left foot

7-8 Twist diagonal right landing with weight on right foot, twist diagonal left landing with weight on

left foot

REPEAT