

Snap

拍数: 40 墙数: 4 级数: Improver
编舞者: Carrie (Mustang) Groeschel (USA)
音乐: Super Love - Exile



POINTS AND BODY ROLLS

- 1 Touch right heel forward
- & Return & snap
- 2 Touch left heel forward
- & Return & snap
- 3 Point right toe right
- & Return & snap
- 4 Point left toe left
- & Return & snap (keep pointing left/hold)
- 5 Lean weight back on left
- & Roll body down transfer weight to right
- 6 Scoot out left toe & snap on "6"
- 7&8 Repeat 5&6 (keep weight left)

FIGURE FOUR AND ROGER RABBIT

- 1 Bring right knee inward as right toe crosses outside of left (swinging action)
- 2 Bring right knee outward as right toe crosses to inside of left
- 3 Repeat #1
- 4 Repeat #2
- 5 Swing right behind left as you scoot forward on left
- 6 Swing left behind right as you scoot forward on right
- 7 Swing right behind left
- & Step in place on left
- 8 Step down on right (feet will be crossed)

½ TURN AND KICK BALL CHANGE

- 1 Turn ½ right
- 2 Hold & snap
- 3 Kick right foot forward & snap
- & Step in place with right
- 4 Step in place with left (weight stays left)
- 5 Step right forward
- 6 Turn ½ left & snap
- 7 Step right forward
- 8 Turn ¼ left & snap

½ VINE WITH SAILOR SHUFFLES

- 1 Step right with right
- 2 Cross left behind right
- 3 Step right with right
- 4 Step left with left & snap
- 5 Cross behind left with right
- & Step left with left
- 6 Step right with right & snap
- 7 Cross behind right with left
- & Step right with right

8 Step left with left & snap

MONTEREY TURNS

- 1 Point right with right
- 2 Bring feet together making $\frac{1}{2}$ turn right
- 3 Point left with left
- 4 Bring feet together & snap
- 5 Point right with right
- 6 Bring feet together making $\frac{1}{2}$ turn right
- 7 Point left with left
- 8 Bring feet together & snap

REPEAT
