

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Why'd You Lie to Me - Anastacia



RIGHT STEP LOCK, LEFT STEP LOCK, RIGHT TOE TOUCH FORWARD, ½ PIVOT TURN ON LEFT, STEP FORWARD RIGHT

Arms: right arm outstretched forward palm down and swing to the right while doing right ronde', fists crossed in front of waist) while doing step left sway left-right-left-right with hitch left

- 1&2-3&4 Step forward right, lock step left, step forward right, step forward left, lock step right, step forward left
- 5-6-7&8& Touch right toe forward, pivot ½ turn right on the left while sweeping right foot out to right side and step forward on right, step left sway, right, left, right with hitch left

LEFT STEP LOCK, RIGHT STEP LOCK, STEP LEFT FORWARD, SLIDE RIGHT, STEP LEFT, TOUCH RIGHT NEXT TO LEFT

End weight on left

Arms: cross in front of chest on ct. 5, raise up-over head on 6, slide hands behind neck on 7, bring arms down and extend forward on 8

- 1&2-3&4 Step forward left, lock step right, step forward left; step forward right, lock step left, step forward right
- 5-6-7-8 Step forward left, slide right next to left, step forward left, touch right next to left while performing above described arm movements

RIGHT FORWARD MAMBO-TOUCH LEFT NEXT TO RIGHT, HEEL SWITCHES: LEFT HEEL TAP FORWARD--STEP LEFT TOGETHER, RIGHT HEEL TAP FORWARD, STEP RIGHT TOGETHER, LEFT FORWARD MAMBO- TOUCH RIGHT NEXT TO LEFT, RIGHT HEEL, RIGHT STEP NEXT TO LEFT, LEFT TOE TOUCH NEXT TO RIGHT

- 1&2&3&4& Rock forward on right, rock back onto left, step back on right, touch left next to right, touch left heel forward, switch step next to right, touch right heel forward, switch step next to left
- 5&6&7&8 Rock forward on left, rock back onto right, step back on left, touch right next to left, touch right heel forward, step right next to left, touch left next to right

LEFT TOE TOUCH FORWARD, ½ PIVOT TURN ON RIGHT, STEP ON LEFT, RIGHT CROSS ROCK OVER LEFT, STEP ON LEFT PIVOTING ¼ TURN RIGHT STEPPING ONTO RIGHT FOOT, ROCK LEFT TO LEFT SIDE, CROSS LEFT OVER RIGHT, CROSS RIGHT FORWARD OVER LEFT WHILE SNAPPING BOTH HANDS, CROSS LEFT FORWARD OVER RIGHT WHILE SNAPPING BOTH HANDS

Arms: left arm outstretched forward palm down and swing to the left. While doing left ronde'

- 1-2-3&4 Touch left toe forward, pivot ½ turn left on the right while sweeping left foot out to left side and step on left, cross rock right over left, change weight back to left(&) while turn ¼ turn right step right
- 5&6-7-8 Rock left to left side, change weight to right, cross left over right, jazz step - cross right over left (snapping fingers of both hands while crossing in front), jazz step - cross left over right (snapping fingers of both hands out to both sides)

REPEAT