Snootchi Boochi



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音乐: Gossip Folks - Missy Elliot



SCUFF POP HALF

Scuff your right foot forwardTouch your right toe forward

3 (Bending at your knees) slightly squat down

4 Pop up from the squat a half turn to the left, left knee is hitched 5&6 Cross left over right, step back onto right, step left in place

7 Slightly squat down bending at knees

8 Hitch right knee

KICK BALL HIPS KICK BALL QUARTER ROLL

9&10 Kick right foot forward, step down on right, cross left over right
11-12 Bump hips to the right twice weight on right after second bump

13&14 Kick left foot, step down on left, cross right over left

15-16 Step left next to right and roll your hips left to right to a quarter turn left

4 STEPS ¾ TURN

17-20 Step forward and angled right, left, step back right, left

21-22 Step a quarter turn to the left onto right, step half turn left onto left to finish the ¾ turn

&23-24 Step right next to left, step left to left side, slide right to meet left

SHIMMY QUARTER ROLL

25&26& Shimmy shoulders right, left, right, left

27 Look right

28 Roll body a quarter turn to right weight is on right 29 Step back onto the left also bumping your hips back

& Step right back to meet the left

30-32 Repeat steps 29 &

REPEAT