So Blu

拍数: 32

级数: Intermediate

编舞者: Jamie Marshall (USA)

音乐: So Blu - Blu Cantrell

KICK, SWEEP, SAILOR, LEFT KICK SWEEP SAILOR

- 1-2 Kick right diagonally to right (hands extended, palms to right), sweep right around to the right
- 3&4 Cross right behind left, step left to left, step right to right
- 5-6 Kick left diagonally to the left (hands extended, palms to left), sweep left around to the left
- 7&8 Cross left behind right, step right to right, step left to left

ROCK, RECOVER, SCOOT, COASTER, MAMBOS

- 9&10 Rock right forward, recover on left, scoot back on left
- Jazz style by leaning forward, place left hand on mid section, extending right arm out
- 11&12 Step right back, step left next to right, step right forward
- 13&14 Rock step left to left, recover on right, step left next to right
- 15&16 Rock step right to right, recover on left, step right next to left

ROCK, RECOVER, SCOOT, COASTER, MAMBOS

17&18 Rock left forward, recover on right, scoot back on right

- Jazz style by leaning forward, place right hand on mid section, extending left arm out
- 19&20 Step left back, step right next to left, step left forward
- 21&22 Rock step right to right, recover on left, step right next to left
- 23&24 Rock step left to left, recover on right, step left next to right

SHUFFLE, COASTER, JAZZ BOX, POINTS, HITCH

- 25&26 Step right to right, step left next to right, step right to right
- 27&28 Step left back, step right next to left, step left forward
- 29&30 Cross right over left, step back on left, turn ¼ right stepping right forward
- 31&32& Point left to left, replace left next to right, point right to right, hitch right

REPEAT







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