

So Damn Much

拍数: 96 墙数: 2 级数: Intermediate waltz
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音乐: How Did We Change - Erik Segerstedt



SWEEP AND CROSS RIGHT OVER LEFT UNWIND FULL TURN LEFT

1-2 Sweep right from side to front
3 Cross right over left
4-5-6 Unwind a full turn left

SWEEP LEFT CROSS BEHIND RIGHT FULL TURN LEFT, SWEEP

1-2 Sweep left from side to back
3 Cross left behind right
4-5 Unwind a full turn left
6 Sweep left from side to back

BASIC BACK, RIGHT TWINKLE

1-2-3 Step left back, step right together, step left in place
4-5-6 Step right forward and across, step left together, step right diagonally forward

LEFT TWINKLE, SLIDE ¼ TURN LEFT

1-2-3 Step left forward and across, step right together, step left diagonally forward
4-5 Turn ¼ left and slide right to side
6 Slide/touch left together

SLIDE, SLIDE

1-2 Slide left to side
3 Slide right together
4-5 Slide right to side
6 Slide left together

¼ TURN LEFT, BASIC FORWARD TWICE

1-2-3 Turn ¼ left and step left forward, step right together, step left in place
4-5-6 Step right forward, step left together, step right in place

ROCK LEFT FORWARD, RECOVER AND SLIDE

1-2-3 Rock left forward
4 Recover onto right
5-6 Slide left together

BASIC BACK, COASTER ¼ TURN RIGHT

1-2-3 Step left back, step right together, step left in place
4-5-6 Step right back, step left together, turn ¼ right and step right forward

FULL TURN RIGHT TWICE

1 Turn ¼ right and step left to side
2 Turn ½ right and step right back
3 Turn ¼ right and step left forward
4 Turn ¼ right and step left to side
5 Turn ½ right and step right back
6 Turn ¼ right and step left forward

ROCK LEFT SIDE LEFT, RECOVER

1-2-3 Rock left to side
4-5-6 Recover onto right

EXTENDED WEAVE RIGHT

1-2-3 Cross left behind right, step right to side, cross left over right
4-5-6 Step right to side, cross left behind right, step right to side

CROSS ROCK LEFT, RECOVER

1-2-3 Cross/rock left over right
4-5-6 Recover onto right

¼ TURN LEFT, BASIC FORWARD ½ TURN LEFT, BASIC BACK

1 Turn ¼ left and step left forward
2 Turn ½ left and step right together
3 Step left in place
4-5-6 Step right back, step left together, step right in place

STEP LEFT BACK, KICK RIGHT FORWARD

1-2-3 Step left back
4-5-6 Kick right forward

BASIC FORWARD ½ TURN RIGHT, BASIC BACK

1 Step right forward
2 Turn ½ right and step left together
3 Step right in place
4-5-6 Step left back, step right together, step left in place

ROCK RIGHT BACK, POINT LEFT FORWARD, RECOVER

1-2 Rock right back
3 Touch left forward
4-5-6 Step left in place

REPEAT

RESTART

After wall 2, do the first 6 counts twice, and then start again

If you don't want to turn just do basic steps forward-back-forward-back and start the dance again

RESTART

On wall 5, section 13, do the first 3 counts, then rock right back, recover and start again from the beginning
