

# So High

拍数: 64      墙数: 4      级数: Intermediate/Advanced  
编舞者: Heather Frye (CAN)  
音乐: You're Makin' Me High - Toni Braxton



## **TAP RIGHT SIDE RIGHT, TAP HOME, TAP SIDE RIGHT, STEP SIDE RIGHT, STEP LEFT BEHIND, SIDE RIGHT MAMBO AND CROSS SIDE LEFT MAMBO AND CROSS**

- 1-2&3      Touch right to right side, tap right beside left, tap right slightly side right, step onto right a bit further out side right  
4      Cross step left behind right  
5&6      Rock out side right, recover weight onto left, cross step right over left  
7&8      Rock out side left, recover weight onto right, cross step left over right

## **STEP SIDE RIGHT, LEFT CROSS BEHIND ROCK STEP, STEP SIDE LEFT, RIGHT BEHIND BALL CROSS, UNWIND FULL TURN LEFT, KICK LEFT, STEP LEFT BESIDE RIGHT, TOUCH RIGHT BESIDE LEFT**

- 1      Step side right  
2&3      Cross rock left behind right, recover forward onto right, step side left  
4&5      Cross right behind left, step side left, cross right over left  
6      Unwind a full turn (and a bit) to the left taking weight onto right

**If you over rotate your turn by 1/8 it makes the next segment a bit easier**

- 7&8      Kick left foot to corner, step down onto left beside right, touch right beside left (body will be angled slightly left for these counts)

## **TAP SIDE RIGHT (TWICE), STEP ONTO RIGHT MAKING A ¼ TURN RIGHT, KICK LEFT STEP TOUCH RIGHT, STEP BACK RIGHT, KICK LEFT FORWARD, LEFT COASTER STEP, STEP FORWARD LEFT**

- 1&2      Tap side right, tap side right a bit further out, step onto right making a ¼ turn right  
3&4      Kick left forward, step left beside right, touch right behind left  
&5      Step back slightly onto right, kick left foot forward  
6&7      Step left back, close right to left, step forward onto left  
8      Step forward onto right

## **2 TURN ½ LEFT, TAP LEFT HEEL AND SNAP, TURN BACK ½ RIGHT, TAP RIGHT HEEL AND SNAP, WALK FORWARD RIGHT, LEFT, STEP OUT RIGHT, LEFT, STEP RIGHT IN, CROSS STEP LEFT OVER RIGHT**

- 1-2      Pivot ½ left keeping weight on right and popping left knee, tap left heel (no weight) and snap  
3-4      Step forward onto ball of left foot and pivot ½ right popping right knee, tap right heel (no weight) and snap  
5-6      Walk forward right, left (with attitude)  
&7&8      Step out right, left (shoulder width), step in onto right foot, cross step left in front of right

**Restart from here on wall 2**

## **TOE STRUT RIGHT, STRUT LEFT IN FRONT OF RIGHT, RIGHT SIDE ROCK AND CROSS, STEP BACK AND TURN ¼ RIGHT, STEP RIGHT FORWARD AND TURN ¼ RIGHT, CROSS LEFT IN FRONT OF RIGHT**

- 1-2      Touch right toes side right, drop right heel down (body will be angled slightly to right)  
3-4      Cross touch left toes in front of right foot, drop left heel down (body will be angled slightly to right)  
5&6      Rock out to right side, recover weight onto left, cross step right in front of left  
7&8      Step back onto left making a ¼ turn right, step forward onto right making a ¼ turn right, cross step left in front of right

**TOE STRUT RIGHT, STRUT LEFT IN FRONT OF RIGHT, RIGHT SIDE ROCK AND CROSS, STEP BACK AND TURN ¼ RIGHT, STEP RIGHT FORWARD AND TURN ¼ RIGHT, CROSS LEFT IN FRONT OF RIGHT**

- 1-2 Touch right toes side right, drop right heel down (body will be angled slightly to right)
- 3-4 Cross touch left toes in front of right foot, drop left heel down (body will be angled slightly to right)
- 5&6 Rock out to right side, recover weight onto left, cross step right in front of left
- 7&8 Step back onto left making a ¼ turn right, step forward onto right making a ¼ turn right, cross step left in front of right

**STEP RIGHT, BUMP & SNAP, STEP LEFT BUMP & SNAP, RIGHT KICK BALL CHANGE, RIGHT SYNCOPATED JAZZ BOX**

- 1-2 Step side right, bump right hip to the right and snap fingers (whichever hand feels natural)
- 3-4 Step side left, bump left hip to the left and snap fingers (whichever hand feels natural)
- 5&6 Kick right foot forward, rock back onto ball of right foot, step left in place
- 7&8 Cross right foot over left, step back slightly onto left, step right foot side right

**LEFT CHASE TURN, RIGHT CHASE TURN, STEP TURN RIGHT, WALK FORWARD RIGHT, LEFT**

- 1&2 Step forward left, turn ½ right onto right foot, step forward onto left
- 3&4 Step forward right, turn ½ left onto left foot, step forward onto right
- 5-6 Step forward left, turn ½ turn right keeping weight back on left foot popping right knee and snap fingers (whichever hand feels natural)
- 7-8 Walk forward right, left (with attitude)

**REPEAT**

**RESTART**

Restart the dance after the first 32 counts of the dance during the second rotation. You will be facing the wall where you first began the dance.

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