Some Girls Always

级数: Intermediate

编舞者: Lisa Mason (UK)

拍数: 32

音乐: Some Girls - Rachel Stevens

WALK RIGHT, LEFT, RIGHT STOMP, POINT RIGHT, LEFT STOMP STOMP

- 1-4 Walk forward right, left, right, stomp left
- 5&6& Point right toe to right side, spring onto right point left toe to left spring onto left
- 7-8 Stomp forward right, left weight ending on left

ROCK FORWARD AND BACK, KICK BALL CHANGE, PIVOT ½ TURN

- 9-10 Rock forward right, recover weight to left
- 11-12 Rock back right, recover weight to left
- 13&14 Kick right forward, ball change
- 15-16 Step forward right, pivot ½ turn left

2 HIP THRUSTS TO RIGHT REPEAT TO LEFT

- 17-20 Step right to right side with 2 hip thrusts, step left besides right, hold for one count
- 21-24 Repeat to left with weight ending on left foot

RIGHT SAILOR STEP, LEFT SAILOR STEP ¼ TURN, ROCK FORWARD AND TURN, LEFT LOCK STEP

- 25&26 Right foot sailor step
- 27&28 Left foot sailor step with ¼ turn left
- 29&30 Right foot rock forward, recover weight to left, ½ turn to right stepping forward on right foot
- 31&32 Left lock step forward

REPEAT

TAG

At end of 4th wall (facing front)

- 1&2 Step forward to right to right diagonal with two hip bumps forward
- 3&4 Step forward to left to left diagonal with two hip bumps forward
- 5&6 Step back right to right diagonal with two hip bumps back
- 7&8 Step back left to left diagonal with two hip bumps back

TAG

At end of 8th wall (facing front)

- 1&2 Step forward to right to right diagonal with two hip bumps forward
- 3&4 Step forward to left to left diagonal with two hip bumps forward





墙数:4