

Somebody Stop Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Heather Frye (CAN)
音乐: Somebody Stop Me - Erica Rivera



WALK RIGHT, LEFT, STEP OUT RIGHT, LEFT, TOUCH RIGHT BEHIND LEFT, TOUCH LEFT BEHIND RIGHT, TOUCH SIDE LEFT, TOUCH LEFT BEHIND RIGHT

- 1-2 Step forward on right with knee slightly bent, step forward on left
- &3-4 Step right out slightly side right, step left out slightly side left, cross touch right behind left
- 5-6 Step side right, cross touch left behind right
- 7-8 Touch side left, cross touch left behind right

SLIDE BACK ONTO LEFT, DRAG RIGHT BESIDE LEFT, PIVOT ¼ RIGHT WHILE TAPPING RIGHT TOES, SLIDE BACK ONTO LEFT, CROSS RIGHT OVER LEFT AND UNWIND ¾ TURN LEFT

- 1-2 Slide back onto left toward back left corner, drag right beside left
- 3&4 Pivot ¼ turn right on left and tap right toes to right corner, tap right toward right corner, press weight onto ball of right foot
- 5-6 Push off ball of right foot, slide back onto left toward back left corner
- 7-8 Cross right over left, unwind ¾ turn left taking weight on left

RIGHT ANGLED KICK, STEP, TOUCH, PIVOT 1/4 TURN LEFT, ROCK STEP LEFT BEHIND RIGHT, STEP SIDE LEFT, STEP RIGHT BESIDE, STEP SIDE LEFT, TOUCH RIGHT BESIDE LEFT

- 1&2 Kick right to right corner, step forward onto right, touch left beside right
 - 3-4& Pivot ¼ turn left on ball of right foot (now facing left corner), cross rock left behind right, recover weight onto right foot
 - 5-6 Push off ball of right foot and step side left, step ball of right foot beside left
- This is for style as your knee will be bent and it will force you to push off the ball of your right foot**
- 7-8 Step side left, drag right toward left foot

RIGHT SYNCOPATED JAZZ BOX, LEFT BEHIND SIDE FORWARD, TURN ½ LEFT, TURN ¼ LEFT BOUNCING ON HEELS

- 1&2 Cross step right across left, step back onto left, step side right
- 3&4 Cross step left behind right, step side right, step forward onto left
- 5-6 Step forward onto right, turn ½ left taking weight onto left
- 7&8 Step forward onto right, bounce heels turning 1/8 left, bounce heels turning 1/8 left taking weight on left

REPEAT

RESTART

During the 2nd and 6th time through the dance, you will only do counts 1-16 and then start the dance again (right after the ¾ turn). Both times you will hear her sing "I'll be home before..."

TAG

At the end of the 10th time through the dance - facing 12:00

- 1&2& Hitch right knee turning ¼ turn left, touch toes side right, hitch right knee turning ¼ turn left, touch toes side right
- 3&4& Hitch right knee turning ¼ turn left, touch toes side right, hitch right knee turning ¼ turn left, touch toes side right
- 5&6 Cross right over left, step back onto left, step side right
- 7-8 Step forward onto left, touch right beside left turning head to left and dropping left shoulder