# Sorry...For Nothin'



编舞者: Lesley Johnston (AUS)

音乐: Cryin' For Nothin' - Gary Allan



#### STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

1-2-3&4 Step left forward at 45 degrees, step right behind left, shuffle forward left-right-left at 45

degrees

5-6-7&8 Step right forward at 45 degrees, step left behind right, shuffle forward right-left-right at 45

degrees

#### FORWARD, BACK & COASTER, 1/4 TURN, STEP 1/2 TURN

1-2-3&4 Now facing front - step forward on left, rock back on right, step back on left, bring right to

meet left together, step forward on left

5-8 Step forward on right, ¼ turn pivot to left, step forward on right, ½ turn pivot to left

#### OUT, CROSS, OUT, TOGETHER, HEEL JACK, HEEL JACK

## While doing the next 4 counts the left heel raised & lowers in a syncopated type movement

&1&2 On the ball of right foot - right to side, right across left

&3&4 Right out to side, right together to meet left

&5 Left heel out at 45 degrees left & right foot back at 45 degrees right

&6 Return left, right together at center

&7 Right heel out at 45 degrees right & left foot back at 45 degrees left

&8 Return right, left together at center

#### SLIDE, SLIDE, HEEL JACK, HEEL JACK, SLIDE, SLIDE

&1&2 Step/slide right to side, slide left to meet right, step slide right to side, slide left to meet right

&3 Left heel at 45 degrees left & right foot back at 45 degrees right

&4 Return left, right together at center

&5 Right heel at 45 degrees right & left foot back at 45 degrees left

&6 Return right, left together at center

&7&8 Step/slide right to side, slide left to meet right, step slide right to side, slide left to meet right

#### BACK, FORWARD, FORWARD, BACK, COASTER, STEP ½ PIVOT TURN

1-2-3-4 Step/rock back on right, rock forward on left, step/rock forward on right, rock back on left

Step back on right, step back on left to meet right, step forward on right

7-8 Step left forward, pivot ½ turn right

#### SYNCOPATED VINE, BEHIND, SIDE, CROSS SHUFFLE

&1&2& Step left over right, right to side, left behind right, right to side

3&4 Step left over right, right to side, left behind right5-6 Swing right out to side then behind left, left to side

7&8 Cross right over left to cross shuffle to left (right-left-right)

## STEP FORWARD, PIVOT TURN, TURNING SHUFFLE, FORWARD, BACK COASTER

1-2 Step left foot forward, pivot ½ turn to right

3&4 As you full turn to right & moving slightly forward shuffle left-right-left

5-6-7&8 Step forward on right, rock back on left, step back on right, step left back to meet right, step

forward on right

#### FORWARD, COASTER, POINT, TURN, POINT, BACK, HEEL BACK, HEEL

1-2-3&4	Step forward on left, rock back onto right, step back on left, step back on right to meet left, step forward on left
5&6	Point right to side, bring right together as you ¼ turn right and point left to side
&7&8	Step back on left & right heel forward 45 degrees, right foot back & left heel forward at 45 degrees

# **REPEAT**