Soulmates (P)



拍数: 60 墙数: 2 级数: Intermediate partner dance

编舞者: Iris Curwen & Jeff Curwen 音乐: Old Midnight - Joni Harms



Position: Closed Western Position. Opposite Footwork

MAN'S STEPS

FORWARD BASIC, LADY'S FULL TURN, BACK BASIC, MAN'S FULL TURN

1-3 Left step forward, right small step forward, left small step forward Right step forward, left step beside right, right step in place

Turn lady to her right with man's left hand. Now in open hand hold, facing partner

1-3 Left step back, right small step back, left small step back

4-6 Stepping right, left, right full turn to right under man's right hand

Now in open hand hold - facing partner

FORWARD BASIC, STEPS FORWARD & BACK INTO WRAP

1-3 Left step forward, right small step forward, left small step forward

4-6 Stepping right, left, right step in place

Change hands above lady's head (man's left to lady's left, man's right to lady's right). Man now behind lady

1-3 Stepping left, right, left in place

Both arms extended to the side at shoulder level

Right small step back, left step beside right, right step in place

Both arms extended to side at shoulder level

1-3 Step left, right, left in place

While turning lady ½ turn to left, both arms above lady's head. Now facing lady

Step right with ¼ turn to right, left step beside right, right step in place

Change hands before turning lady ¼ to her left. Man's right hand lowering them into wrap position. Lady now in front of man

SIDE ROCK & RECOVER, LADY'S ½ TURN INTO ROSE-ARCH, ½ PINWHEEL TURN

1-3 Left rock to left side, right recover in place, left step beside right

Rock opposite way from partner

Step right, left, right in place

Change hands while turning lady ½ turn right into a rose-arch, offset to left. Retain both right hands. Raise above the lady's head. Turn her ½ to right, release left hands, place across front of partners waist

1-3 Left step forward, right ¼ turn to left, left step beside right

4-6 Right ¼ turn to left, left step beside right, right step in place (while making a ½ pinwheel turn

to left)

1/4 TURN, CROSS ROCKS WITH EXTENDED ARMS, LADY'S 3/4 TURN

Left 1/4 turn to left, right step beside left, left step in place

While turning lady ¼ to her right with man's right hand. Pick up lady's left hand with man's left hand. Man standing behind lady with both arms extended to the side at shoulder level

Right rock across front of left, left recover in place, right step beside left

Rock opposite way from partner

1-3 Left rock across front of right, right recover in place, left step beside right

Rock opposite way from partner

4-6 Step right, left, right in place

Bring man's right arm over lady's head, while turning lady ½ turn to left, release both hands after turn. Now facing partner

CROSS ROCKS WITH 1/4 TURNS

1-3 Left rock ¼ turn to right across front of right (while slipping man's left arm across lady's back

waist level. Extend right arm) rock back onto right, making 1/4 turn to left step left next to right

(release arms)

4-6 Right rock ¼ turn to left across front of left (while slipping man's right arm across lady's back

waist level. Extend right arm) rock back onto left, making 1/4 turn right, step right next to left

(release arms)

Assume closed western position

REPEAT

LADY: FORWARD BASIC, LADY'S FULL TURN, BACK BASIC, MAN'S FULL TURN

1-3 Right step back, left small step back, right small step back

4-6 Left step back, right ½ turn to right, left ½ turn to right

Turn lady to her right. With man's left hand now in open hand hold, facing partner

1-3 Right step forward, left small step forward, right small step forward

4-6 Left step forward, right step beside left, left step in place

Now in open hand hold, facing partner

1/2 TURN RIGHT, 1/2 TURN LEFT, 1/4 TURN LEFT INTO WRAP

1-3 Right step back, left small step back, right small step back

4-6 Left step back, right ¼ turn to right, left ¼ turn to right

Change hands above lady's head to man's left to lady's left, man's right to lady's right. Man now behind lady

1-3 Right small step forward (with both arms extended to the side at shoulder level), left step

beside right, right step in place

4-6 Left small step back, right step beside left, left step in place

With both arms extended to side at shoulder level

1-3 Right ¼ turn to left, left ¼ turn to left, right step beside left

Now facing partner both arms above lady's head

4-6 Left ¼ turn to left, right step beside left, left step in place

Change hands before turning 1/4 to left into wrap position in front of man

SIDE ROCK & RECOVER, LADY'S ½ TURN INTO ROSE-ARCH, ½ PINWHEEL TURN

1-3 Right rock to right side, left recover in place, right step beside left

Rock opposite way from partner

4-6 Left ¼ turn to right, right ¼ turn to right, left step beside right

Change hands while turning left into a rose-arch. Offset to left

With both right hands joined above the lady's head, release left hands & place across front of partners waist

1-3 Right step forward, left ¼ turn to left, right step beside left

4-6 Left ¼ turn to left, right step beside left, left step in place

While making a ½ pinwheel turn to left

1/4 TURN, CROSS ROCKS WITH EXTENDED ARMS, LADY'S 3/4 TURN

1-3 Right ¼ turn to right (pick up man's left hand with lady's left hand), left step beside right, right

step in place

4-6 Left rock across front of right, right recover in place, left step beside right (rock opposite way

from partner.)

1-3 Right rock across front of left, left recover in place, right step beside left (rock opposite way

from partner.)

4-6 Left ¼ turn to left (man brings his right arm over lady's head), right ¼ turn to left, left step

beside right

Release both hands after turn - now facing partner

CROSS ROCKS WITH 1/4 TURNS

1-3 Right rock ¼ turn to left across front of left (while slipping lady's right arm across man's back

at waist level. Extend left arm), left rock back onto left making 1/4 turn right, step right next to

left (release arms)

4-6 Left rock ½ turn to right across front of right (while slipping lady's left arm across man's back

at waist level. Extend arm), rock back onto right making 1/4 turn to left, step left next to right

Release arms. Assume closed western position

REPEAT