

Southern Sidewinder (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Jerry Cope (USA) & Iva Mosko (USA)
音乐: Blue - LeAnn Rimes



Man's part is shown for the first 24 counts. Lady's do exactly the same steps, except swap right for left & vice versa

ROCKING CHAIR, DIAGONAL STEP-SLIDES FORWARD

- 1-2 Step forward and rock onto left foot, rock back onto right foot in place
3-4 Step back and rock onto left foot, rock forward onto right foot in place
5-6 Step left foot diagonally forward to the left (past right foot), slide right foot forward next to left foot
7-8 Step right foot diagonally forward to the right, slide left foot forward next to right foot

On counts 5-6 man and lady are moving LOD and separating somewhat. On 7-8 they continue moving LOD as they move toward each other

OPEN BREAK LOD, CHA-CHA-CHA, OPEN BREAK RLOD, CHA-CHA-CHA

- 9 Swing left foot $\frac{1}{4}$ turn to the left and step
Hands/arms are extended at waist level toward LOD
10 Rock forward onto right foot in place
11&12 Swing left foot $\frac{1}{2}$ turn to the right and step, step right foot beside left foot, step left foot in place

Both hands join on counts 11-12. These cha-cha steps can move toward LOD if desired (sideways). Man's right hand and lady's left hand will need to be released as count 13 begins

- 13 Swing right foot $\frac{1}{2}$ turn to the right and step
Partners are now back to back, hands/arms are extended at waist level toward RLOD
14 Rock forward onto left foot in place
15&16 Swing right foot $\frac{1}{2}$ turn to the left and step (facing partner), step left foot beside right foot, step right foot in place

Both hands of partners join on steps 15-16

FORWARD WALKS WITH PIVOTS EXCHANGING SIDES, COASTER STEPS

Man releases lady's left hand from his right and raises lady's right hand in his left. Lady passes in front of man under upraised hands

- 17-18& Step forward on left foot, step forward on right foot, pivot $\frac{1}{2}$ turn to the left on right foot
19&20 Step back on left foot, step right foot next to left, step forward on left foot

Man releases lady's right hand from his left hand and takes up her left hand in his right. Lady passes under upraised hands in front of man as they exchange sides

- 21-22& Step forward on right foot, step forward on left foot, pivot $\frac{1}{4}$ turn to the right on left foot
Partners now face LOD in the right open promenade position
23&24 Step back on right foot, step left foot next to right, step forward on right foot

ALTERNATING FULL TURNS, LADY'S ROLLING TURN RIGHT

- 25-26 **MAN:** Step slightly forward onto left foot, step slightly forward onto right foot
 LADY: Step forward onto ball of right foot beginning a full turn to the right, swing left foot around to face LOD (completing the full turn) and step
27-28 **MAN:** Step forward onto ball of left foot beginning a full turn to the left, swing right foot around to face LOD (completing the full turn) and step
 LADY: Step slightly forward onto right foot, step slightly forward onto left foot

Hand hold can be maintained by raising arms and twirling under as required

If the 2-count turns are too acrobatic, they may be done similar to a 3-step turn, with the lady completing the turn on count 27 and the man completing it on count 29

- 29-30 **MAN:** Step slightly forward with left foot while raising arms, step slightly forward with right foot with arms overhead

LADY: Step forward with right foot beginning a full turn to the left, step forward with left foot continuing the turn

31 **MAN:** Step slightly forward with left foot bringing lady's left hand to waist level switching from his right hand to his left hand

LADY: Step forward with right foot completing the full turn

32 **MAN:** Step slightly forward with right foot, taking lady's right hand in his right hand at her shoulder (side by side position)

LADY: Touch left foot beside right foot raising right hand to take man's right hand

The mirror steps end here. The couple will be on the same foot for the last half of the dance, in Side By Side Position

CROSS ROCK STEPS, CHA-CHA-CHA

33-34 Cross left foot behind right foot and step, rock forward onto right foot in place

35&36 Cha-cha-cha in place (left, right, left)

37-38 Cross right foot behind left foot and step, rock forward onto left foot in place

39&40 Cha-cha-cha in place (right, left, right)

MAN'S DIAGONAL VINE, LADY'S ROLLING TURN, STEP-SLIDES BACK AND FORWARD WITH DIPS

41 **MAN:** Step left foot diagonally forward to left to begin vine in that direction

LADY: Step left foot diagonally forward to left to begin 3-step turn left in that direction

42-43 **MAN:** Cross right foot behind left foot and step, step left foot to left

LADY: Step right foot and continue 3-step turn, step left foot to complete the full 3-step turn left

44 **BOTH:** Touch right foot beside left foot

Man lifts right hands during vine to accommodate lady's turn

45-46 Step right foot diagonally back to the right and bend knees (dip), straighten right knee (rise) as left foot slides back

47-48 Step left foot diagonally forward to the left and bend knees (dip), straighten left knee (rise) as right foot slides forward

TURNING SHUFFLES PROGRESSING TOWARD LOD

49&50 Shuffle right, left, right toward LOD

Man pulls lady's left arm in to left somewhat to tighten up the Side By Side Position from the dips

51 Step forward left with $\frac{1}{4}$ turn to the right so that man is behind lady, both facing OLOD with hands fully extended to the sides, left hands higher than right hands (presentation position)

&52 Step right foot next to left foot, step left foot to left

During the following shuffle turn, lift right hands. Release left hands re-grasping left hands as turn is completed and lady is behind man

53 Step right foot across left foot pivoting $\frac{1}{2}$ turn to the left on ball of left foot

&54 Step left foot next to right foot, step right foot to left

During the following shuffle turn, maintain hand hold. Left hands lift over lady's head and side by side position is resumed facing LOD

55 Swing left foot $\frac{3}{4}$ turn to the left pivoting on ball of right foot and stepping onto left foot when facing LOD

&56 Step right foot next to left foot, step left foot forward

CROSS STEPS/TOUCHES, CROSS STEPS

57-58 Step right foot across front of left foot, touch left foot diagonally forward to the left

59-60 Step left foot across front of right foot, touch right foot diagonally forward to the right

61 Step right foot across front of left foot

Release both hands. Man takes lady's left hand in his right hand

62-63 Step left foot across front of right foot, step right foot across front of left foot

64 **MAN:** Scuff left foot beside right foot (leaving weight on right foot)

LADY: Stomp left foot beside right foot (leaving weight on left foot)

REPEAT

