Spirit In The Sky



编舞者: Audrey Watson (SCO)

音乐: Spirit In the Sky - Gareth Gates



STEP FORWARD, 1/4 TURN LEFT, SHUFFLE BACK, BACK ROCK, FORWARD SHUFFLE

1-2	Step forward on left, turn ¼ turn left stepping right to right/side

3&4 Shuffle back on left, right, left
5-6 Rock back on right, recover on left
7&8 Shuffle forward on right, left, right

STEP FORWARD, 1/4 TURN LEFT, SHUFFLE BACK. BACK ROCK, SIDE ROCK

1-2 Step forward on left, turn 1/4 turn left, stepping right to righ	aht/side
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3&4 Shuffle back on left, right, left
5-6 Rock back on right, recover on left
7-8 Rock right to right/side, recover on left

CROSS SHUFFLE SIDE STEP 1/4 TURN CROSS SHUFFLE, SIDE ROCK

1&2	Cross right over left, step left to left/side, cross right over left
3-4	Step left to left side, turn ¼ right, stepping right to right / side
5&6	Cross left over right, step right to right/side, cross left over right

7-8 Rock right to right/side, recover on left

FORWARD SHUFFLE, 1/2 TURN SHUFFLE, BACK ROCK, STOMP & CLAP TWICE

1&2	Shuffle forward on right, left, right
3&4	Turn ½ turn right, stepping left, right, left
5-6	Rock back on right, recover on left

7-8 Stomp right next left, stomp right stepping down on right.(clap hands on the stomps)

REPEAT