Staggering Cowpoke



拍数: 40 墙数: 4 级数: Improver

编舞者: Roy Greene (USA)

音乐: Back In Your Arms Again - Lorrie Morgan



HEEL/ SIDE/ HEEL / SIDE

| 1 | Weight on | left foot, | touch rig | ght heel | forward |
|---|-----------|------------|-----------|----------|---------|
|---|-----------|------------|-----------|----------|---------|

Weight remaining on left foot, point/ touch right toe out to right side

Weight remaining on left foot, touch right heel forward

4 Weight remaining on left foot, point / touch right toe out to right side

BRUSH INTO JAZZ BOX

Weight remaining on left foot, brush right foot next to left foot
Cross right foot over left foot, weight ending on right foot

Step left foot back a small step, weight on it
Step right foot next to left foot, weight on it

HEEL/ SIDE/ HEEL / SIDE

9 Weight remaining on right foot, touch left heel forward

Weight remaining on right foot, point/ touch left toe out to left side

Weight remaining on right foot, touch left heel forward

12 Weight remaining on right foot, point / touch left toe out to left side

BRUSH INTO JAZZ BOX

Weight remaining on right foot, brush left foot next to right foot

14 Cross left foot over right foot, weight ending on left foot

Step right foot back a small step, weight on it Step left foot next to right foot, weight on it

STEP / ROCK / ROCK / BRUSH

17 Step right foot forward a small step, rocking weight to it

18 Rock weight back on to left foot 19 Rock weight forward on to right foot

Weight remaining on right foot, brush left foot next to right foot

STEP / ROCK / ROCK / HITCH

21 Step left foot forward a small step, rocking weight to it

22 Rock weight back on to right foot 23 Rock weight forward on to left foot

Weight remaining on left foot, brush right foot to left foot, raising it in a chug position

HOP 2, 3, 4

Weight remaining on left foot, with right knee raised, hop back four small steps on left foot (For lower impact: walk back right-left, ending with weight on left)

VINE, 2, 3 / STOMP

Step right foot out to right side, weight on it Cross left foot behind right foot, weight on left Step right foot out to right side, weight on it

Weight remaining on right foot, stomp (stamp) left foot next to right foot

(A stamp is a stomp, but weight remains on stationary foot)

VINE. 2 / TURN / STOMP

| 33 | Step left foot out to left side, weight on it |
|----|---|
| 34 | Cross right foot behind left foot, weight on right |
| 35 | Step left foot ¼ left, putting weight on it, beginning ¼ turn left |
| 36 | Complete ¼ turn, stomp (stamp) right foot next to left foot, keeping weight on left |

TAP / JUMP / JUMP / JUMP

| TAP / JUMP / | JUMP / JUMP |
|--------------|---|
| 37 | Tap right heel forward, weight stays on left |
| 38 | Hop with a small foot switch to touch left heel forward, right foot home with weight on right |
| 39 | Hop, switching right heel to tap forward, left foot home, weight on left |
| 40 | Hop, switching left heel to tap forward, right foot home, weight on right |
| &1 | Hop, bringing left foot home, immediately extending right heel into position of the first step of the dance |

Continue dance with step number 2

REPEAT

For lower impact, do not hop, but just do heel touches right-left, beginning the dance again with a 5th (right) heel touch forward