Start All Over



拍数: 56 墙数: 4 级数: Intermediate

编舞者: Kevin Winn (USA)

音乐: Can I Change My Mind - Delbert McClinton



2 KICK BALL TOUCHES, MOVING FORWARD KICK BALL CHANGE, SYNCOPATED WALK BACK

1&2 Right kick ball, touch left to side 3&4 Left kick ball, touch right to side

5&6 Right kick ball change (moving forward) &7&8 Back right, left, right, left, (small steps)

9-16 Repeat 1-8

MONTEREY TURN WITH HIP BUMPS

17-18 Touch right to side, bring right home while turning ½ right

19&20 Hip bumps 21-24 Repeat 17-20

STEP, TURN, SHUFFLE, (REPEAT)

25-28 Step right forward, pivot ½ left, shuffle forward right, left, right 29-32 Step left forward, pivot ½ right, shuffle forward left, right, left

KICK, TURN, TOUCH, KICK, TURN, TOUCH, KICK, TOUCH, KICK, TOGETHER

Kick right at 11:00, slightly hitch right knee while turning 1/4 left, touch right back at 4:00

35&36 Repeat 33&34

Kick right at 11:00, slightly hitch right knee, touch right back at 4:00 Kick right at 11:00, slightly hitch right knee, touch right together with left

41-48 Repeat 33-40 with left foot kicking & hitching and turning right

POINT, POINT, SAILOR WITH A TURN

49-50 Point right forward, point right side 51&52 Right sailor with ¼ turn right 53-54 Point left forward, point left side Left sailor with ½ turn left

REPEAT