

Stay

拍数: 64 墙数: 4 级数:
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音乐: Baby Please Don't Go - Vince Gill



RIGHT SIDE STEP, HOLD, LEFT SIDE STEP, HOLD

1-2 Step right to side, hold
3-4 Step left to side, hold

Lean over the weighted foot so you appear to be rocking

RIGHT SIDE SHUFFLE WITH ¼ TURN RIGHT, HOLD

5-6 Step right to side, step left beside right
7-8 Step left to side making ¼ turn right, hold

LEFT SIDE STEP, HOLD, RIGHT SIDE STEP, HOLD

1-2 Step left to side, hold
3-4 Step right to side, hold

Lean over the weighted foot so you appear to be rocking

LEFT SIDE SHUFFLE, HOLD

5-6 Step left to side, step right beside left
7-8 Step left to side, hold

RIGHT DIAGONAL SHUFFLE BACK, HOLD

1-2 Step right back on diagonal, step left beside right
3-4 Step right back on diagonal, hold

LEFT COASTER STEP, HOLD

5-6 Step left back, step right beside left
7-8 Step left forward, hold

RIGHT TOUCH FORWARD, HOLD, RIGHT TOUCH BACK, HOLD

1-2 Touch right toe forward, hold
3-4 Touch right toe back, hold

RIGHT STEP FORWARD, HOLD, LEFT STEP TOGETHER ¼ TURN, HOLD

5-6 Step right forward, hold
7-8 Step left beside right making ¼ turn left, hold

FANCY FOOTWORK PART

TWIST HEELS RIGHT, CENTER, RAISED TOE SPLIT, DROP TOES

1-2 Twist heels right, twist heels back to center
3-4 Lift toes off the floor and split them apart, close toes and drop to floor
5-6 Twist heels right, twist heels back to center
7-8 Lift toes off the floor and split them apart, close toes and drop to floor

This can be simplified by not raising the toes off the floor)

TWIST HEELS RIGHT TWICE, RAISED TOE SPLIT, HEEL LIFT

1-2 Twist heels right, twist heels back to center
3-4 Twist heels right, twist heels back to center
5-6 Lift toes off the floor and split them apart, close toes and drop to floor
7-8 Lift heels off the floor, drop heels to floor

This can be simplified by not lifting toes off the floor and doing a heel split with heels on the floor)

RIGHT TOUCH FORWARD, HOLD, RIGHT TOUCH BACK, HOLD

1-2 Touch right toe forward, hold

3-4 Touch right toe back, hold

RIGHT TOUCH FORWARD, HOLD, RIGHT STEP TOGETHER, HOLD

5-6 Touch right toe forward, hold

7-8 Step right beside left, hold

During the chorus there is a "break" on count 5, so if you want to "hit" the break just step right beside left on count 5, then hold counts 6-7-8, or do a body roll or something equally creative!

PADDLE TURN ¼ RIGHT, LEFT STEP TOGETHER, HOLD

1-2 Step left to side, step right in place

3-4 Step left to side, step right in place

5-6 Step left to side, step right in place

Do those 6 counts while making ¼ turn right

7-8 Step left beside right, hold

You are only making a ¼ turn so this a very small paddle turn

REPEAT

TAG

At the end of the 5th and 6th time you do the dance, fill the extra 4 counts by doing two extra "paddles" and making a ½ turn instead. You don't have to count walls because the 5th wall is when the musical interlude happens (there are no lyrics being sung). This will be the only time there are extra counts.

PADDLE TURN ½ RIGHT, LEFT STEP TOGETHER, HOLD

1-2 Step left to side, step right in place

3-4 Step left to side, step right in place

5-6 Step left to side, step right in place

7-8 Step left to side, step right in place

1-2 Step left to side, step right in place

3-4 Step left beside right, hold

If you listen to the music, there is a fast or double-time beat, and a slow beat. The dance is written in the fast beat, therefore there are lots of "hold" counts. Counting to the slow beat, it would be a 32 count dance with the "fancy footwork" part written in half counts. I'm only pointing this out because I've had enquiries before (e.g. Mark Knopfler's "Cannibals", or The Woolpackers' "Hillbilly") when people have asked what "beat" the dance is choreographed to. If this is way too confusing (because it's not, really) please contact me.

— Judy McDonald
