

Steppin' Out

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Joyce Heist (USA) & Frankie "Bubba" Jones (USA)
音乐: That Don't Impress Me Much - Shania Twain



RIGHT KICK-BALL CHANGE, STEP, ½ TURN (LEFT)

- 1 Right foot kick forward
- & Right foot step together while lifting left foot slightly off floor
- 2 Left foot lower foot back to floor
- 3 Right foot step straight forward
- 4 Pivot on ball of right foot ½ turn left letting right foot land together (not a military pivot)
- 5-8 Repeat counts 1-4

SWIVELS TO LEFT (HEELS-TOES-HEELS) AND HOLD

- 1 With weight on balls of feet, swivel heels to left
- 2 Switching weight to heels, swivel toes to left
- 3 Switching weight to balls of feet, swivel heels to left
- 4 Hold for 1 beat while clapping hands together
- 5-8 Repeat counts 1-4 to the right this time

RIGHT KICK-BALL CHANGE, CROSS AND ½ TURN (LEFT)

- 1 Right foot kick forward
- & Right foot step together while lifting left foot slightly off floor
- 2 Left foot lower back to floor
- 3 Right foot cross touch in front of left foot
- 4 Pivot on balls of both feet ½ turn left shifting weight to right foot
- 5-8 Repeat counts 1-4 starting with left foot this time

TWO STEPS BACKWARD AND COASTER STEP

- 1 Left foot step backward
- 2 Right foot step backward
- 3 Left foot step backward on ball of foot
- & Right foot step together on ball of foot
- 4 Left foot step forward

THREE STEPS FORWARD AND TOUCH TOGETHER

- 5 Right foot step forward
- 6 Left foot step forward
- 7 Right foot step forward
- 8 Left foot touch together

MACKNAMARA

- & Left foot step just slightly backward
- 1 Right foot tap heel forward
- & Right foot step just slightly backward
- 2 Left foot cross step in front of right foot
- & Right foot step just slightly to side
- 3 Left foot tap heel forward
- & Left foot step just slightly to side
- 4 Right foot cross step in front of left foot
- & Left foot step just slightly to side

5-7& Repeat counts 1-3&
8 Right foot touch together

¼ TURN (LEFT), STEP TOGETHER AND STEP IN PLACE

1 Right foot touch slightly forward
2 Pivot (on balls of both feet) ¼ turn left keeping weight on left foot
3 Right foot step together
4 Left foot step in place

JAZZ SQUARE

5 Right foot cross step in front of left foot while lifting right foot slightly off floor
6 Left foot step backward
7 Right foot step to side
8 Left foot step together

REPEAT
