

# Stetzin'

拍数: 32      墙数: 0      级数:  
编舞者: Julia McCarty  
音乐: Get Into Reggae Cowboy - The Bellamy Brothers



## FOUR SHUFFLES FORWARD

- 1&2      Shuffle forward right foot (right-left-right)
- 3&4      Shuffle forward left foot (left-right-left)
- 5&6      Shuffle forward right foot (right-left-right)
- 7&8      Shuffle forward left foot (left-right-left)

## ¼ TURN LEFT MOVING SIDEWAYS

**As you are moving sideways your arms are bent and palms facing out, as you push you fan your palms out and in.**

- 9      Step forward right foot turning ¼ left bending right knee
- 10      Slide left foot sideways as you straighten right-knee (like a bend and push-moving back sideways)
- 11      Slide right foot with bent knee along side of left foot
- 12      Pushing left foot sideways and straightening right-knee
- 13      Slide right foot with bent knee along side of left foot
- 14      Pushing left foot sideways and straightening right-knee
- 15      Slide right foot with bent knee along side of left foot
- 16      Pushing left foot sideways and straightening right-knee
  
- 17      Right foot steps ¼ turn to right
- 18      Touch left toe out to side
- 19      Step forward on left foot
- 20      Touch right toe out to side
- 21      Step forward on right foot
- 22      Touch left toe out to side
- 23      Bring left foot together with a stomp
- 24      Kick out with left foot
- 25      Step forward on left foot
- 26      Pivot ½ turn to right on ball of left foot bringing weight down on right foot
- 27      Step forward on left foot
- 28      Pivot ½ turn to right on ball of left foot bringing weight down on right foot
- 29      Rock forward on left foot
- 30      Rock back on right foot
- 31&32      Polka steps in place--left-right-left

## REPEAT