

# Stone Cold

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Maggie Cadwell (IRE)  
音乐: Laid Back Stone Cold - Michelle Wright



## **KNEE POP-HOLD / KNEE POP-HOLD / KNEE POP / SIDE TOUCH / HITCH / TOUCH**

- 1-2      Bend right knee in lifting up right heel, hold position for 1 count
- &3-4      Lower right heel bend left knee in lifting up left heel, hold 1 count
- &5-6      Lower left heel bend right knee in lifting up right heel, touch right toe to right side
- 7-8      Hitch right foot next to left knee, touch right toe to right side

## **SIDE CHASSE WITH ½ TURN / ROCK STEP WITH ½ TURN (RIGHT AND LEFT)**

- 1&2      Step right to right side, step left next to right, step right to right side making ½ turn to right
- 3-4      Step left foot to left side, rock weight back onto right foot making ½ turn to left
- 5&6      Step left to left side, step right next to left, step left to left side making ½ turn to left
- 7-8      Step right foot to right side, rock weight back onto left foot making ½ turn to right

## **SHUFFLE FORWARD / ½ TURN / STEP-CLAP / ½ TURN-CLAP**

- 1&2      Shuffle forward on right-left-right
- 3-4      Step forward on left, pivot ½ turn right
- 5-6      Step left forward, hold position clapping hands
- 7-8      On ball of left foot spin ½ turn left stepping forward on right foot, hold position clapping hands

## **VINE LEFT / SWITCH AND TOUCH / HOLD FOR 2 COUNTS / KICK BALL CHANGE**

- 1-2      Step left to left side, cross right behind
- 3&4      Step left to left side, quickly step right in place, touch left toe to left side
- 5-6      Holding this position for 2 counts
- 7&8      Kick left foot forward, step left in place, step right in place

## **HEEL-TOE WITH ¼ TURN / BEHIND-SIDE-CROSS / HEEL-TOE / BEHIND-SIDE-CROSS**

- 1-2      Making ¼ turn right on ball of right foot touch left heel to left side, drop left toe to floor
- 3&4      Cross step right foot behind left, step left foot to left side, cross step right in front of left
- 5-8      Repeat above counts 1-4 again without the ¼ turn

## **SHUFFLE FORWARD / ½ TURN / STEP-SCUFF-CROSS-TOE TOUCH**

- 1&2      Shuffle forward on left-right-left
- 3-4      Step forward on right foot, pivot ½ turn left
- 5-6      Step right foot forward, scuff left foot forward
- 7-8      Swing left foot across in front of right, touch left toe to floor over in front of right foot keeping right heel raised off floor

## **HEEL TAPS / BACK-SLIDE / SHUFFLE BACK / ROCK STEP**

- 1-2      Tap left heel to floor twice
- 3-4      Step back on right, slide left foot back to right (weight on left)
- 5&6      Shuffle back on right-left-right
- 7-8      Step back onto left foot, rock weight forward onto right foot

## **SHUFFLE FORWARD / ¼ TURN WITH SIDE ROCK STEP / FULL WALKING TURN RIGHT**

- 1&2      Shuffle forward on left-right-left
- 3-4      Making ¼ turn left step to right side on right foot, rock weight onto left foot
- 5-8      Making a full turn to the right walk in place on right-left-right-left

REPEAT

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