

Straighten Up & Fly Right

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Terry Hogan (AUS)
音乐: Straighten Up and Fly Right - Neal McCoy



1-2 Rock-step right foot to the side, rock-replace weight onto left
3-4 Step right foot across in front of left, hold
5-6 Step left foot to the side, step right foot across behind left
7 Make ¼ turn left on ball of right foot and step left foot forward
8 Rock-step right foot forward

9-10 Rock backward onto left foot, kick right foot forward (low kick)
11-12 Rock-step right foot backward (small step), rock forward onto left
13-14 Rock backward onto right foot, kick left foot forward (low kick)
15-16 Rock-step left foot backward (small step), rock forward onto right

Both kicks are almost like forward brushes with the foot just lifting from the floor

For 11-12 and 15-16, use hips on these rocks. As you rock backward let the heel of the forward foot lift. Drop it and lift the other heel as you rock forward

17-18 Rock backward onto left foot, kick right foot forward (low kick)
19-20 Step right foot backward, step left foot beside right
21-22 Step right foot forward and make ¼ turn left, touch left foot beside right
23-24 Step left foot to the side, step right foot beside left

25-27 With feet together swivel heels right, transfer weight to heels and swivel toes right, transfer weight to toes and swivel heels right

You will travel to the right

&28 Raise both heels, drop heels taking weight onto right foot
29-30 Step left foot forward traveling slightly toward left diagonal, slide right foot beside left
31-32 Step left foot forward, brush right foot forward

REPEAT

For those of you who like "endings" to a dance, this one finishes on counts 23-24. To finish facing front, make ½ turn left as you step to the side on count 23 and step right foot beside left