Strong Enough (P)



编舞者: Roy Moore

音乐: Strong Enough - Alan Jackson



Position: Man behind Lady (Joined hands on Lady's shoulders) facing OLOD. Man's and Lady's Steps the same

LEFT CROSS, SIDE, LEFT ROCK BACK, SIDE LEFT, CROSS BEHIND, SHUFFLE 1/4 TURN LEFT

1-2 Cross step left over right, step right to right

3-4 Rock back on left, recover onto right 5-6 Step left to left, cross right behind left

7&8 Step left ¼ turn left, step right beside left, step forward on left

Facing LOD

RIGHT ROCKS FORWARD AND BACK, STEP, PIVOT 1/8 TO LEFT, STEP, PIVOT 1/8 TO LEFT

9-12 Rock forward on right, recover onto left, rock back on right, recover onto left
13-16 Step forward on right, pivot 1/8 left, step forward on right, pivot 1/8 left

Facing ILOD

CROSS, SIDE, BACK ROCK, SIDE RIGHT, CROSS LEFT BEHIND, SHUFFLE 1/4 TURN RIGHT

17-20 Cross step right over left, step left to left, rock back on right, recover onto left

21-22 Step right to right, cross left behind right

23&24 Step right ¼ right, step left beside right, step forward on right

Facing LOD

LEFT ROCKS FORWARD AND BACK, LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD

25-28 Rock forward on left, recover onto right, rock back on left, recover onto right

Step forward on left, step right beside left, step forward on left

Step forward on right, step left beside right, step forward on right

LEFT POINT, STEP, RIGHT POINT, STEP, FORWARD ROCK, LEFT COASTER STEP

Point left toe to left side, step forward on left Point right toe to right side, step forward on right

37-38 Rock forward on left, recover onto right

39&40 Step back on left, step right beside left, step forward on left

RIGHT POINT, STEP, LEFT POINT, STEP, FORWARD ROCK, RIGHT COASTER STEP

41-42 Point right toe to right side, step forward on right
43-44 Point left toe to left side, step forward on left
45-46 Rock forward on right, recover onto left

47&48 Step back on right, step left beside right, step forward on right

STEP, PIVOT ½ TURN RIGHT, SHUFFLE ½ TURN RIGHT, BACK ROCK, SHUFFLE FORWARD

49-50 Step forward on left, pivot ½ turn right

Facing RLOD

51&52 Shuffle ½ turn right stepping left, right, left

Facing LOD

53-54 Rock back on right, recover onto left

Step forward on right, step left beside right, step forward on right

VINE LEFT, TOUCH, VINE 1/4 TURN RIGHT, BRUSH

57-60 61-64 Step left to left, cross right behind left, step left to left, touch right beside left Step right to right, step left beside right, step right ½ right, brush left forward

Facing OLOD

REPEAT