

Summertime Boogie

COPPER **NOB**
BY STEPHENETS

拍数: 33 墙数: 4 级数: Intermediate
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音乐: The Girls of Summer - Neal McCoy



THE HITCHHIKER

- 1 Step right foot slightly forward right and throw right thumb back over right shoulder
2-4 Tap right heel three times; on each tap, throw thumb over shoulder (move in a backward arc, dropping arm on count 4 and returning right foot to center)
5 Step left foot slightly forward left and throw left thumb back over left shoulder
6-8 Tap left heel three times; on each tap, throw thumb over shoulder (move in a backward arc, dropping arm on count 8 and returning left foot to center).

HEEL GRIND WITH ¼ TURN AND ROCK STEP, JUMPS FORWARD AND BACK

- 9-10 Step right heel forward with toe pointed left; grind heel turning toe from left to right while turning ¼ right
11-12 Rock-step right foot back; rock forward onto left foot
&13-14 Jump forward right, left; hold
&15-16 Jump back right, left; hold.

right AND left SIDE SHUFFLES, JUMPS FORWARD & ACROSS WITH HOLDS

- 17&18 Step right foot to right side; step left together; step right to right side
19&20 Step left foot to left side; step right together; step left to left side
21-22 Jump forward landing with feet shoulder-width apart; hold
23-24 Jump, landing with right foot crossed over left; hold.

UNWIND, HOLD, DOUBLE KICK, SAILOR SHUFFLES

- 25-26 Unwind by turning ½ left; hold
27-28 Kick right foot forward twice
29&30 Cross-step right behind left; step left in place; step right beside left
31&33 Cross-step left behind right; step right in place; step left beside right.

REPEAT

TAG 1

This occurs after the 4th repetition when you are facing the original wall for the second time.

DO "THE FISH"

- 1-2 With feet remaining in place, do the "breast stroke" by swinging right arm back, up, over and down for 2 counts
3-4 Continue "breast stroke" by swinging left arm back, up, over and down for 2 counts
5-6 Bend knees, then straighten legs; at same time hold nose as if going under water
7-8 Repeat counts 5, 6.

TAG 2

This bridge occurs when you face the original wall the third time (after doing the dance 8 times.)

DO "THE TWIST," "THE FISH," AND "THE MONKEY"

- 1-8 Twist right and left for 8 counts
9-12 Do the "breast stroke" for 4 counts
13-16 Bend and straighten knees while holding nose and "going under water."
17-24 Bouncing body up and down, raise right arm; lower right arm and raise left arm as if climbing a rope; continue this movement for a total of 8 counts.

