

# Sunday Stroll

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 0      级数:  
编舞者: Donna Eiding (USA)  
音乐: Born to Run - Emmylou Harris



- 1            Step forward onto right foot
- 2            Step forward onto left foot
- 3            Step forward onto right foot
- 4            Chug (hop on right foot and bring left foot up in front with toe pointed up and out slightly)
  
- 5            Step back onto left foot
- 6            Step forward onto right foot
- 7            Chug
- 8            Step onto left foot
  
- 9-10        Touch right foot out to right side and bring it back next to left
- 11-12       Touch left foot out to left side and bring it back next to right
  
- 13-14       Touch right foot out to side and bring it back next to left
- 15-16       Touch left foot out to left side and bring it back next to right
  
- 17-18       Touch right heel out in front and touch right toe straight back
- 19-20       Touch right heel out in front and touch right toe straight back
  
- 21-22       Step forward onto right foot and pivot  $\frac{1}{4}$  turn to left on left heel
- 23           Stomp right foot next to left
- 24           Stomp left foot next to right
  
- 25-26       Put right heel out at slight angle out in front and bring it back
- 27-28       Put left heel out at slight angle in front and bring it back
  
- 29-30       Heel split (pigeon)
- 31-32       Heel split (pigeon)

**REPEAT**

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