Sunset Bolero

拍数: 64

编舞者: Max Perry (USA)

音乐: Come Sunset - Barry Amato

This dance is a Rumba/Bolero feeling using traditional timing and interpretive timing. It contains a Spiral Turn, Chainee' Turn, Platform Spin (pencil turn)

级数: Intermediate/Advanced bolero

SIDE ROCK, CROSS 1/2 TURN, CROSS ROCK, SIDE TOGETHER

- 1-2 Rock left to left side, step right in place
- 3-4 Step left forward and across right & turn 1/2 right, step right in place
- 5-6 Cross rock left over right, step right in place
- 7-8 Step left to left side, step right next to left

2 FORWARD WALKS, ½ TURN RIGHT, LEFT ROCK FORWARD & BACK

- Walk forward left, forward right 1-2
- 3-4 Step left forward and turn 1/2 right, step right in place
- Rock left forward, step right in place 5-6
- 7-8 Rock left back, step right in place

360 SPIRAL TURN RIGHT, FORWARD TURNING ¼ RIGHT, SIDE ROCK

- 1 Step left forward and turn a full turn right (weight will stay on left foot, right will end up crossed in front of left - spiral turn)
- 2 Step right forward & turn 1/4 right
- 3-4 Rock left to left side, step right in place

WEAVE TO RONDE' (SWEEP)

- 5-6 Step left forward and across right, step right to right side
- 7-8 Cross left behind right and circle right leg from front to back by end of count 8

WEAVE LEFT, CROSS OVER ROCKS TO LEFT AND RIGHT

- Cross right behind left, step left to left side 1-2
- 3-4-5 Cross rock right over left, step left in place, step right to right side
- 6-7-8 Cross rock left over right, step right in place, step left to left side

CROSS UNWIND 360 LEFT, REVERSE UNWIND 360 RIGHT

- 1-2-3-4 Cross right over left and unwind turning a full turn left
- 5-6-7-8 Reverse the turn unwinding a full turn right
- End with weight on right foot

ROCK STEP, CROSS, HOLD, ROCK STEP CROSS, HOLD

- 1-2-3-4 Rock left to left side, step right in place, cross left over right, hold
- 5-6-7-8 Rock right to right side, step left in place, cross right over left, hold

SIDE ROCK LEFT, CHAINEE' SPIN RIGHT, 2 SWIVELS IN PLACE, 1 &¼ SPIN RIGHT (PLATFORM)

- 1-2-3 Rock left to left side, spin a full turn right on right foot, step left next to right
- 4-5 Swivel right foot forward & to right, swivel left forward & to left (skate right, left)
- 6-7-8 Step right to right side & spin 1 & ¼ to right, holding left foot next to right with no weight

LEFT SIDE ROCK, TOGETHER, HOLD, RIGHT SIDE ROCK, TOGETHER, HOLD

- 1-2-3-4 Rock left to left side, step right in place, step left next to right, hold
- 5-6-7-8 Rock right to right side, step left in place, step right next to left, hold





墙数: 2

REPEAT