

# Super Size

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Pete Burdack (USA)  
音乐: The Fast Food Song - Fast Food Rockers



Dance count down starts with the words "lets eat to the beat" (28 count intro) (weight starts on the right foot)

## SCISSOR STEPS TWICE, QUARTER TURN RIGHT, COASTER STEP

- 1&2      Step left foot out to the side with weight, replace weight onto the right, cross left foot over the right with weight
- 3&4      Step right foot out to the side with weight, replace weight onto the left, cross right foot over left with weight
- 5-6      Step left side quarter turn to the right, step back on right
- 7&8      Step left foot back, bring right foot together, step left foot forward

## ANGLED SHUFFLES TWICE, HEEL TURN, COASTER STEP

- 1&2      Shuffle right, left, right, at a slight angle up & right
- 3&4      Shuffle left, right, left, at a slight angle up & left
- 5-6      Step right heel forward, and half turn over the left shoulder weight on right
- 7&8      Step left foot back, bring right foot together, step left foot forward

## HIP BUMPS TWICE, SAILOR STEPS TWICE

- 1&2      Hip bump right (bump hip to the right, slight rock on left, bump hip right,)
- 3&4      Hip bump left (bump hip to the left, slight rock on right, bump hip left,)
- 5&6      Right sailor step (cross right foot behind left, weight on left, step side right,)
- 7&8      Left sailor step (cross left foot behind right, weight on right, step side left,)

## KICK TWICE WITH QUARTER TURN, COASTER, HEEL TURN

- 1-2      Kick right forward, kick right to the right making a quarter turn to the right
- 3&4      Right coaster step (step right foot back, bring left together, step right foot forward,)
- 5-6      Step left heel forward, make a half turn over the right shoulder keeping weight on the left
- 7&8      Cross right over left foot with weight, step back on the left making a quarter turn right, step on right foot with weight

## REPEAT

## RESTART

On 4th wall (starting dance for the 4th time) lyrics will say, "i think of you and lick my lips...". Do the 1st 8 count as normal (scissor steps twice, quarter turn right, coaster step) you'll be doing the second phrase of steps (angled shuffles twice, heel turn) but instead of a left coaster step, do a left rock step, and restart which should put you in sync with the chorus

- 1&2      Shuffle right, left, right, at a slight angle up & right
- 3&4      Shuffle left, right, left, at a slight angle up & left
- 5-6      Step right heel forward, and half turn over the left shoulder weight on right
- 7-8      Rock back on the left, rock forward/recover weight onto the right

Start dance again from the beginning