

Supersonique

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Sarah-Jane Marriot
音乐: It Feels so Good - Sonique



ROCK & CROSS, UNWIND FULL TURN, TOE POINT

1-2 Rock right to right side, rock onto left in place
3-4 Cross right over left and hold
5-8 Unwind full turn, point right foot out to right

HITCH, STEPS, ROCKS

9-10 Hitch right knee across left, step to right side, placing weight on right foot
11-12 Step left, cross right over left
13-14 Step left, rock onto right in place
15-16 Step back on left, rock forward onto right in place

TOE POINTS, UNWIND ½ TURN, TOE POINTS, UNWIND ½ TURN

17-18 Point left toe forward, point left toe to left side
19-20 Point left toe back, unwind ½ turn to the left placing weight on left foot
21-22 Point right toe forward, point right toe to the right side
23-24 Point right toe back, unwind ½ turn to the right placing weight on right foot

KICK, STEP, KICK TWICE, ROCK, REPLACE, LEFT KICK

25 Kick left foot forward
26-27 Replace weight on left foot, stepping to the left, place weight on right foot, stepping to the right
28-29 Kick left foot forward twice
30-31 Rock back on left foot, rock forward onto right in place
32 Kick left foot forward

TOE POINT, UNWIND ½ TURN, SHUFFLE, STEP FORWARD, ½ TURN RIGHT SWIVEL, RIGHT BACK TOUCH, UNWIND ¼ TURN RIGHT

33-34 Point left toe back, unwind ½ turn to the left placing weight on left foot
35&36 Step forward onto right foot, bring left beside right, step forward onto right
37-38 Step forward onto left foot, on ball of left foot pivot ½ turn to the right leaving weight on left foot
39-40 Point right toe back, unwind ¼ turn to the right placing weight equally on both feet

HIP SWAYS, HIP BUMPS, HIP SWAYS, HIP BUMPS

41-42 Sway hips to the left, sway hips to the right
43-44 Bump hips to the left twice
45-46 Sway hips to the right, sway hips to the left
47-48 Bump hips to the right twice

LEFT STRUT & TURN, RIGHT STRUT & TURN, LEFT STRUT & TURN, ROCK REPLACE

49-50 Point left toe to left side, bring weight onto left heel while clicking fingers
51-52 Swivel ½ turn to the left on left foot and point right toe to the right side, bring weight onto right heel while clicking fingers
53-54 Swivel ½ turn to the left on right foot and point left foot to left side, bring weight onto left heel while clicking fingers
55-56 Swivel ½ turn to the left on left foot, rocking right onto right foot, rock onto left foot in place

CROSS RIGHT OVER LEFT, ROCK LEFT & REPLACE, CROSS LEFT OVER RIGHT, ROCK RIGHT & REPLACE, RIGHT KICK FORWARD TWICE

- 57 Cross right over left
- 58-59 Rock left to left side, rock onto right in place
- 60 Cross left over right
- 61-62 Rock right to right side, rock onto left in place
- 63-64 Kick right foot forward twice

REPEAT
