

# Surf's Up

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Donna Aarflot (USA)  
音乐: Hawaiian Roller Coaster Ride - Kamehameha Schools Children's Chorus & Mark Keali'i Ho'omalu



## RIGHT GRAPEVINE, RIDE THE SURF

- 1-2      Right step to right, left step behind right
- 3-4      Right step to right, left touch
- 5-8      Surf position as if riding a surfboard (crouch down, left foot and arm stretched out forward, right arm and leg in back)

## LEFT GRAPEVINE, RIDE THE SURF

- 1-2      Left step to left, right step behind left
- 3-4      Left step to left, right touch
- 5-8      Surf position as if riding a surfboard (same as above)

## FORWARD STEPS RIGHT, LEFT, RIGHT, LEFT, WITH SWIMMING STROKES RIGHT, LEFT, RIGHT, LEFT

- 1-2      Step forward right, hold, while doing right arm overhead stroke
- 3-4      Step forward left, hold, while doing left arm overhead stroke
- 5-6      Step forward right, hold, while doing right overhead stroke
- 7-8      Step forward left, hold, while doing left overhead stroke

## HEEL TOGETHER, ¼ TURN, HEEL TOGETHER "SHAKE THE SHAKA"

- 1      Touch right heel forward
- 2      Step right foot next to left
- 3      Step left heel forward
- 4      Step left foot next to right
- 5      Turn ¼ right, touch right heel forward
- 6      Step right foot next to left
- 7      Touch left heel forward
- 8      Step left heel next to right

## REPEAT

"Shake the Shaka" is a hand signal originally made popular by surfers where you stick out the thumb and pinky and fold the other three fingers in. Meaning: Hang loose! Excellent! Cool! Good Job!