

Sway

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mark Cosenza (USA)
音乐: Sway - Michael Bublé



STEP, ROCK, RECOVER, STEP LOCK STEP, ½ PIVOT AND SWAY, STEP RIGHT

- 1-3 Step side right, rock left behind right and recover
- 4&5 Step forward left, step right behind left, step left forward
- 6-7 Pivot ½ turn right on left shifting weight forward on right and sway arms forward (angle body to the left), shift back on left and sway arms back (still slightly angled to the left)
- 8 Step right side

SYNCOPATED FORWARD STEP, POINT FORWARD & SIDE, CROSS STEPS, TOUCH, PIVOT & CROSS STEP, STEP BACK

- &1 Step left down next to right, step right forward
- 2-3 Point left forward, point left side
- 4&5 Cross step left in front of right, step side right, cross step left in front of right
- 6-7 Touch side right, pivot ¼ right and cross step right over left
- 8 Step back on left

SIDE ROCK & STEP BACK, ROCK BACK & RECOVER, SIDE STEPS, CROSS TOUCH FORWARD & SIDE, SWING AROUND & BALL STEP

- &1 Side rock right, recover left
- 2-3 Rock back right, recover left
- 4&5 Step side right, step left next to right, step side right (Cuban motion recommended)
- 6-7 Cross touch forward left, cross side touch left
- 8 Swing left behind right (stepping down on ball of foot)

STEP DOWN, SKATE 3 TIMES, DIAGONAL STEPS AND SWAY

- &1 Step down on right, skate forward left
- 2-3 Skate right, skate left
- 4&5 Moving right diagonal forward, step right, left, right
- 6-8 Sway hips left, right, left

REPEAT

TAG

After count 29 on the 8th time through the dance (facing front for second time), the music pauses. Bend towards right foot slightly and snap fingers forward for 3 counts. Stand up and then complete the final 3 counts by swaying left, right, left

OPTIONAL ENDING

After count 29 on the final wall, turn ¼ left to the front wall and bump your hips to the final notes.