

Sweet Nothin's

COPPER KNOB
STEPPERS

拍数: 64 墙数: 1 级数: Improver
编舞者: Karen Grave (UK)
音乐: Sweet Nothin's - Brenda Lee



SIDE SHUFFLE ROCK BACK, SIDE SHUFFLE ROCK BACK

- 1&2 Step left to left, bring right up next to left, step left to left
- 3-4 Rock right back behind left, recover weight onto left
- 5&6 Step right to right, bring left up next to right, step right to right
- 7-8 Rock left back behind right, recover weight onto right

TOE STRUTS

- 1-2 Step left toe forward, drop heel to ground
- 3-4 Step right toe forward, drop heel to ground
- 5-8 Repeat beats 1-4

Variation: a full turn to the right can be added during the toe struts by executing it on counts 1,2,3,4

WALK BACK, HALF TURN, WALK FORWARD

- 1-2 Step back left, step back right
- 3-4 Turn half turn to left and walk forward left, right

Styling: execute the two walks back with bent knees, bending your body slightly forward and clicking time to the beats. Once half turn has been executed, straighten body as you walk forward, clicking fingers in time with the beat

STOMP, HOLD, DOUBLE-TIME HEEL SPLITS, STOMP, HOLD DOUBLE-TIME HEEL SPLITS

- 1-2 Stomp left foot forward, hold
- 3&4 Raising up on balls of feet twist both heels in, out, and center
- 5-6 Stomp right foot forward, hold
- 7&8 Raising up on balls of feet, twist both heels in, out and center

TOUCH TO SIDE, HOLD, TOUCH TO SIDE, HOLD

- 1-2 Touch right toe out to right side, hold
- &3 With syncopated step jump right foot to center, touch left toe out to left side
- 4 Hold

JUMP CENTER, HIP BUMPS, HIP BUMPS, V STEP

- &1-2 With syncopated step jump left foot to center, step right to right bump hips twice to right
- 3-4 Bump hips twice to left, keeping weight on left foot
- 5 Step right foot out to right on 45 degree angle right
- 6 Step left foot out to left on 45 degree angle left
- 7-8 Step right foot back to center, step left foot next to right

HALF TURN, HOLD, HEEL TAPS AND FINGER CLICKS

- 1 With weight on ball of left foot, turn half turn to left
- 2 Stepping down on right, hold
- 3 Drop right knee into center as you lift right heel off the ground
- 4 Keeping right knee pointed to center, drop right heel to ground and click fingers in
- 5-8 Repeat beats 3, 4

CROSS STEP, SIDE TOUCH, CROSS STEP, SIDE TOUCH, STEP, KICK, STEP, KICK

- 1-3 Step right across left, touch left out to side, step left across right
- 4 Touch right out to side

- 5-6 Step back on right and kick left out to left on 45 degree angle
7-8 Step back on left and kick right out to right on 45 degree angle

COASTER STEP, HOLD, KNEE SWING, KNEE SWING, FINGER CLICKS

- 1&2 Step right back, step left beside right, step right forward
3-4 Step left forward, hold
5 Lifting left heel off the ground, swing left knee into center
6 Swing out and click fingers
7-8 Repeat beats 5-6

REPEAT
