

The Swing Thing (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Charlotte Frazier (USA)
音乐: That Girl's Been Spyin' On Me - Billy Dean



Position: Sweetheart Position & opposite footwork

MAN'S STEPS

WALK, WALK, TOUCH, STEP TRIPLE IN PLACE, TOUCH, TURN

- 1-2 Step forward left, right
- 3-4 Touch left behind right heel, take a long step back on left
- 5 Step right next to left
- & Step left next to right
- 6 Step right next to left
- 7 Touch left forward
- 8 Turn $\frac{1}{4}$ to the right to face partner

As you make this turn drop hands to waist level holding right to right and left to left

SAILOR SHUFFLES (CROSS BALL CHANGE)

- 1 Step left behind right
- & Quickly step on ball of right
- 2 Quickly step left next to right
- 3 Step right behind left
- & Quickly step on ball of left
- 4 Quickly step right next to left
- 5 Step left behind right
- & Quickly step on ball of right
- 6 Quickly step left next to right
- 7 Touch right slightly forward
- 8 Turn $\frac{1}{4}$ LOD, weight on left

Resume sweetheart position, both are now on same footwork

FORWARD TOUCH CROSSES

- 1-2 Touch right toe out to right side, step right across in front of left
- 3-4 Touch left toe out to left side, step left across in front of right
- 5-6 Touch right toe out to right side, step right across in front of left
- 7-8 Touch left toe out to left side, step left next to right

SHUFFLE FORWARD

- 1&2 Step forward on right, step left next to right, step forward on right
- 3&4 Step forward on left, step right next to left, step forward on left
- 5&6 Step forward on right, step left next to right, step forward on right
- 7&8 Step forward on left, step right next to left, step forward on left

STEP BACK TOUCH TURN

- 1-2 Step back on right, left

SHUFFLE IN PLACE, STEP FORWARD, HIP BUMPS

- 1&2 Step right next to left, step left next to right, step right next to left
- 3&4 Step in place on left. Step in place on right, step in place on left
- 5-6 Step forward right toward partner, step forward left toward partner, ending side by side
- 7-8 Bump hips right twice

STEP IN PLACE, STEP, PIVOT, JAZZ BOX

- 1-2 Step in place on right, left
- 3-4 Cross right over left, step back on left
- 5 Step to right on right
- 6 Touch left next to right

This puts partners back onto opposite footwork

REPEAT

LADY'S STEPS

WALK, WALK, TOUCH, STEP TRIPLE IN PLACE, TOUCH, TURN

- 1-2 Step forward right, left
- 3-4 Touch right behind left heel, take a long step back on right
- 5 Step left next to right
- & Step right next to left
- 6 Step left next to right
- 7 Touch right forward
- 8 Turn $\frac{1}{4}$ to the left to face partner

As you make this turn drop hands to waist level holding right to right and left to left

SAILOR SHUFFLES (CROSS BALL CHANGE)

- 1 Step right behind left
- & Quickly step on ball of left
- 2 Quickly step right next to left
- 3 Step left behind right
- & Quickly step on ball of right
- 4 Quickly step left next to right
- 5 Step right behind left
- & Quickly step on ball of left
- 6 Quickly step right next to left
- 7 Touch left slightly forward
- 8 Turn $\frac{1}{4}$ LOD, weight on left

Resume Sweetheart Position, both are now on same footwork

FORWARD TOUCH CROSSES

- 1-2 Touch right toe out to right side, step right across in front of left
- 3-4 Touch left toe out to left side, step left across in front of right
- 5-6 Touch right toe out to right side, step right across in front of left
- 7-8 Touch left toe out to left side, step left next to right

SHUFFLE FORWARD

- 1&2 Step forward on right, step left next to right, step forward on right
- 3&4 Step forward on left, step right next to left, step forward on left
- 5&6 Step forward on right, step left next to right, step forward on right
- 7&8 Step forward on left, step right next to left, step forward on left

STEP BACK TOUCH TURN

- 1-2 Touch right forward, turn $\frac{1}{2}$ turn left

SHUFFLE IN PLACE, STEP FORWARD, HIP BUMPS

- 1&2 Step right next to left, step left next to right, step right next to left
- 3&4 Step in place on left. Step in place on right, step in place on left
- 5-6 Step forward right toward partner, step forward left toward partner

Ending side by side

7-8 Bump hips right twice

STEP IN PLACE, STEP, PIVOT, JAZZ BOX

1-2 Step forward on right, turn $\frac{1}{2}$ to the left rolling into Sweetheart Position

3-4 Cross right over left, step back on left

5 Step to right on right

6 Step left next to right

This puts partners back onto opposite footwork

REPEAT
