

# Swing, Turn And Twist

**COPPER** KNOB  
STEPPERS

拍数: 64      墙数: 1      级数: Intermediate  
编舞者: Mr Lim Peng Chye (SG)  
音乐: Down At The Twist & Shout - More Tequila



## SWING STEPS AND TURNS

- 1-4      Charleston steps - swing right foot forward, swing right foot back, swing left foot back, swing left foot forward
- 5      Turn  $\frac{1}{4}$  right, step right foot forward
- 6      Turn  $\frac{1}{2}$  left, step left foot forward
- 7&8      Turn round  $\frac{3}{4}$  right, stepping, right foot, left foot, right foot
- 1-8      Repeat the above 8 opposite steps, starting with swinging left foot forward

## DIAGONALLY FORWARD AND SHUFFLE

- 1-2      Two steps diagonally forward to the right; right foot, left foot
- 3&4      Shuffle right foot: right foot, left foot, right foot
- 5-6      Two steps diagonally forward to the left: left foot, right foot
- 7&8      Shuffle left foot: left foot, right foot, left foot

## CROSS, SWIVEL AND HEEL CHANGE

- 1      Cross right foot over left foot
- 2      Turning to the left, unwind crossing with left foot beside right foot
- 3      Swivel both heels to the left
- &      Swivel both toes to the left
- 4      Swivel both heels to the left and clap
- 5      Swivel both heels to the right
- &      Swivel both toes to the right
- 6      Swivel both heels to the right and clap
- 7&      Step left heel forward and pull foot back beside right foot
- 8&      Step right heel forward and pull foot back beside left foot

## REPEAT OPPOSITE STEPS OF SECTIONS 2 & 3

- 1-16      Start with left foot diagonally forward to the left of section 2 and end with left heel forward and pull back beside right foot of section 3

## PADDLE TURNS TO LEFT AND RIGHT

- 1      Tap right foot forward with weight on left foot
- &      Pivot  $\frac{1}{4}$  turn to the left on left foot
- 2&3&4&      Repeat these steps three more times, keep turning to left, ending with weight on left foot (you have made a full turn to the left)
- 5&6&7&8      Make a similar full turn to the right

## FORWARD, CROSS, TURN

- 1-2      Right foot forward, cross left foot over right foot
- 3       $\frac{1}{2}$  turn to the right, stepping right foot to the right
- &      Transfer weight and hips to the left
- 4      Transfer weight and hips to the right
- 5-6      Left foot forward; cross right foot over left foot
- 7       $\frac{1}{2}$  turn to the left, stepping left foot to the left
- &      Transfer weight and hips to the right
- 8      Transfer weight and hips to the left

REPEAT

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