Swinging Sa'shay (P)

拍数: 32

级数: Partner

编舞者: Gloria Nelson (USA) & Emmit Nelson (USA)

音乐: Rub-A-Dubbin - Ken Mellons

Position: Open position, lady's left in man's right hand

1	Step left foot forward
2	Kick right foot forward
3-4	Step right foot back touch left toe back
5	Step left foot turning 1/4 left (face your partner and pick up lady's right and man's left hands)
6	Kick right foot low between man's legs
7	Step right foot back
8	Touch left foot in position (man turns left under raised arms)
9	Step left foot forward drop left hand
10	Step right foot forward turning slightly right
11	Step left foot forward continuing the right turn to face partner
12	Step right foot back and rock on it (lady turns left under raised arms)
13	Step left foot forward slightly left
14	Step right foot forward turn 1/2 left under arms
15	Step left foot in position
16	Touch right foot in position (pick up both bands)
17-19	Right vine - right, left, right
20	Cross left foot over in front
21-23	Right vine with a ¼ turn right, right, left behind, step right ¼ turn right dropping right hand
24	Touch left foot in position (drop inside hands as you do the vines could be done as rolling vines)
25-27	Left vine in front of man left. Right, left (pick up lady's right hand)
28	Touch right toe in position
29-31	Right vine in front of man right, left, right (pick up lady's left hand)
32	Touch left toe in position

REPEAT

MAN 1 Step right foot forward 2 Kick left foot forward 3-4 Step left foot back touch right toe back 5 Step right foot ¼ right (face your partner and pick up lady's right and man's left hands) 6 Kick left foot to the outside of lady's right leg 7 Step left foot back. 8 Touch right foot in position (man turns left under raised arms) 9 Step right foot forward slightly left drop right hand Step left foot forward turning 1/2 left under arms 10 11 Step right foot in position 12 Step left foot back and rock on it (lady turns left under raised arms) 13 Step right foot forward 14 Step left foot forward turning slightly right



墙数: 0

15	Step right foot forward continuing the right turn to face partner
16	Touch left foot in position (pick up both bands)
17-19	Left vine - left, right, left
20	Cross right foot over in front
21-23	Left vine with a ¼ turn left to face LOD, left. Right behind. Step left ¼ turn left dropping left hand
24	Touch right foot in position (drop inside hands as you do the vines could be done as rolling vines)
25-27	Right vine behind lady right, left, right (pick up lady's right hand)
28	Touch left toe in position
29-31	Left vine behind lady left. Right, left (pick up lady's left hand)
32	Touch right toe in position
REPEAT	