

# Swingshift

拍数: 36      墙数: 2      级数: Beginner  
编舞者: Trevor Smith (AUS)  
音乐: All You Ever Do Is Bring Me Down - The Mavericks



## SHUFFLE, SHUFFLE, RIGHT VINE, BALL CHANGE

- 1&2      Shuffle forward leading right (right-left-right)
- 3&4      Shuffle forward leading left (left-right-left)
- 5-6      Step right onto right foot, step left foot across behind right foot
- 7      Step right onto right foot
- &8      Step left foot across behind right foot, step right foot in place

## LEFT VINE, BALL CHANGE, ¼ TURN, ¼ TURN

- 9-10      Step left onto left foot, step right foot across behind left foot
- 11      Step left onto left foot
- &12      Step right foot across behind left foot, step left foot in place
- 13-14      Step forward onto right foot, turn ¼ turn left ending weight on left foot
- 15-16      Repeat steps 13-14

## SHUFFLE, SHUFFLE, BACK SNAP, BACK SNAP, BACK SNAP, BACK SNAP

- 17&18      Shuffle forward leading right (right-left-right)
- 19&20      Shuffle forward leading left (left-right-left)
- 21      Step back on right toes lifting both hands to right shoulder
- 22      Drop right heel snapping fingers
- 23      Step back on left toes lifting both hands to left shoulder
- 24      Drop left heel snapping fingers
- 25-28      Repeat steps 21-24

## RIGHT FULL TURN ROLLING VINE, TOUCH CLAP

The following vine is performed as a full turn right as you travel right across floor

- 29      Turn ¼ turn right onto right foot to commence full turn
- 30      Turn ¼ turn right onto left foot
- 31      Turn ½ turn right onto right foot to complete turn
- 32      Touch left toes beside right and clap hands

## LEFT FULL TURN ROLLING VINE, TOUCH CLAP

The following vine is performed as a full turn left as you travel left across floor

- 33      Turn ¼ turn left onto left foot to commence full turn
- 34      Turn ¼ turn left onto right foot
- 35      Turn ½ turn left onto left foot to complete turn
- 36      Touch right toes beside left and clap hands

## REPEAT