Switchblade

拍数: 32

级数: Intermediate

编舞者: John Robinson (USA)

音乐: Blood On The Dance Floor (TM's Switchblade Edit) - Michael Jackson

SYNCOPATED VINE LEFT, RIGHT SIDE, BEHIND, ½ PIVOT RIGHT WITH HITCH & CLAPS 1&2& Left step side left, right cross step behind left, left step side left, right cross step behind left 3&4 Left step side left, right cross step behind left, left step side left 5-6 Right step side right, left step across behind right 7&8 Right step side right; pivot 1/2 turn right raising left knee/clap, clap SYNCOPATED SIDE TOUCHES, SWIVEL RIGHT THEN LEFT, BODY ROLL WITH ¼ TURN LEFT &1&2 Left step next to right, right touch side right, right step next to left, left touch side left &3&4 Left step next to right, right touch side right, hitch right knee, right touch side right Arm styling: Swing the same arm out with the foot. Swivel on balls of feet, angling body right then swivel pivoting ¼ turn left from original wall. 5-6 finish with weight on left 7-8 Body roll forward to back, finish with weight on right ROCKS IN PLACE, ¼ TURN LEFT, TOE TAP BEHIND, ¼ TURN RIGHT, TOE TAP BEHIND Rock forward onto left, bending right knee and leaning forward, rock back onto right, popping 1-2 left knee forward and straightening up 3-4 Rock forward onto left, bending right knee and leaning forward, rock back onto right, popping left knee forward and straightening up Arm styling on 1 & 3: Swing left arm up, palm up as if to touch forehead. Swing right arm down past right thigh, fingers spread on both hands. On 2 & 4: Swing left arm down, right arm up, both hands with closed fists &5-6 Shift weight left/pivot ¼ turn left, right step side right; left toe tap behind right heel 7-8 Left step side left into 1/4 turn right, right toe tap behind left heel Optional arm styling for counts 6 and 8: Swing arms down and back, snapping fingers. SYNCOPATED TOE TOUCHES, ¼ TURN RIGHT & SYNCOPATED HEEL TOUCHES. & STEP, TOUCH TOGETHER, TOUCH SIDE, SWING BEHIND WITH ARM SWEEP 1&2 Right toe tap forward, right step next to left, left toe tap forward &3&4 Left step to center turning ¼ right, right heel tap forward, right step next to left, left heel tap forward &5-6 Left step next to right, right step forward, left touch next to right Arm styling: On 5, place right arm vertically in front of you, bent at elbow with forearm fist facing you at eve level; grasp right wrist with left hand (left palm on back side of right wrist). On 6, pull both arms down, still grasping! 7-8 Left toe point side left, sweep counterclockwise to finish crossed behind right Arm styling: On 7, left hand pulls right arm down to the left into a horizontal position. On 8, release wrist and swing arms down in a counterclockwise motion until both are angled down to the right, pointing at the floor with fingers spread. **4-COUNT TAG** (After 5th repetition when dancing to "Switchblade Edit") 1-2 Swing arms left/left toe touch side left, swing arms right/left toe touch behind right 3-4 Repeat previous two counts REPEAT



COPPER KNOB

墙数:2