Swivelled Up



拍数: 32 墙数: 0 级数:

编舞者: Jamie Marshall (USA) 音乐: Bad for Good - Deryl Dodd



STOMP HOLDS, HEELS, BEND, SWIVEL TOES

1-2	Stomp forward I	eft. hold (put	t some bounce into it	t)

Stomp right next to left, hold (put some bounce into it) (leaving weight on left)
Swivel right heel to right, swivel left heel to right (taking weight on heels)

7-8 Bend at knees, raising elbows up and out to sides, swivel toes to right, lowering arms

SWIVELS

9-10 Swivel toes to left, swivel heels to left

11&12 Swivel heels to right, swivel heels to left, swivel heels to right

13-14 Swivel heels to left, swivel toes to left

Swivel heels to right, swivel heels to left, swivel heels to center

KICK, SIDE, STEPS, KICK, FORWARD LOCK STEPS, PIVOT TURNS

17& Kick right foot forward, step right next to left

18& Step left to left, step right in place
19& Kick left forward, step left next to right
20& Step right to right, step left in place

Kick right forward, step right forward kicking left behind right
 Lock step left behind right, raising right over left, step right forward

23-24 Step left forward, pivot ½ right, placing weight on left

STEP PIVOT, 1/4 RIGHT BUMPS, STEPS, HITCH

25-26 Step right back, pivot ¼ right

27& Bump right, bump left 28& Bump right, bump left 29-30 Step right forward, clap

&31-32 Step left next to right, step right forward, hitch left next to right

REPEAT