Take It Easy

拍数: 48

级数: Intermediate

编舞者: Emma Dale

音乐: Live A Little - Mark Chesnutt

STEPS, POINT, TOUCH TWICE

- 1&2-3-4 Stepping forward right, left right. Point left foot forward, touch left foot backwards
- 5&6-7-8 Repeat steps 1-4

CROSS UNWIND & HEEL JACK, ½ TURN TO RIGHT

- 9-10 Cross right foot behind left and unwind ½ turn right
- 11&12 Step left foot back, place right heel forward, step on right foot, close left to right
- 13-16 Walking ½ turn to right, right, left, right, left (right hand up to forehead as if looking for something)

CHARLESTON STEP, ROLLING GRAPEVINE 1 ¼ TO RIGHT

17-20 Step right foot forward, point left toe forward. Step left foot back, touch right toe back

- 21-24 Turn $\frac{1}{4}$ to right on right foot, continue turning $\frac{1}{2}$ turn to right stepping back on left foot, turn $\frac{1}{2}$ turn to right stepping forward on right foot, close left to right
- 25-32 Repeat steps 1-8

WEAVE TO RIGHT & LUNGE WITH ½ TURN TWICE

- 33-35&36& Step right to right side, step left foot behind right, step right to right side, cross left foot over right, step right to right side, step left foot behind right
- 37-40Lunge to right with weight on right foot, transfer weight to left foot while pivoting ½ turn to left,
lunge again to right side then transfer weight back on to left foot
- 41-48 Repeat steps 33-40

REPEAT

TAG

On wall 3, omit steps 1-32 and just dance counts 33-48

RESTART

On wall 4, restart after count 40





墙数:4