Take Me Home Country Roads



编舞者: Harry Seddon (UK)

音乐: Country Roads - Hermes House Band



ROCK FORWARD AND BACK, STEP 1/2 PIVOT, FORWARD SHUFFLE

1-2	Rock forward on right heel (raise left foot slightly), recover weight onto left
3-4	Rock back onto ball of right foot (raise left foot slightly), recover weight onto left

5-6 Step forward right, ½ pivot turn left 7&8 Forward shuffle (right, left, right)

ROCK FORWARD AND BACK, STEP ½ PIVOT, FORWARD SHUFFLE

Repeat 1st 8 leading with left

9-10	Rock forward on left heel (raise right slightly), recover weight onto right
11-12	Rock back on ball of left (raise right slightly), recover weight onto right
13-14	Step forward left, ½ pivot turn right
15&16	Forward shuffle (left, right, left)

SYNCOPATED VINE WITH 1/4 TURN, 2 X FORWARD SHUFFLES

17-18&	Step right to right side, cross step left behind right, step right to right side
19&20	Cross step left over right, step right to right side, step left ¼ turn left
21&22	Forward shuffle (right, left, right)

&23&24 Step forward left, forward shuffle (right, left, right)

STEP ½ PIVOT, 2 WALKS FORWARD, ½ SHUFFLE TURN, ROCK BACK AND FORWARD

25-26	Step forward left, ½ pivot turn right
27-28	Step forward left, step forward right
29&30	Turn ½ shuffle turn right (left, right, left)
31-32	Rock back right, recover weight onto left

REPEAT

Towards end of 5th wall, the music slows. Continue to end of 5th wall, then strike a pose momentarily (whatever you feel like doing, but weight remains on left). Start from step 1 when vocals sing "Country Roads". This is very slow so dance slowly and speed up as tempo increases.