

Take Off Your Shirt (L/P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1
编舞者: Ari-Jukka Eskelinen (FIN)
音乐: La Camisa Negra - Juanes

级数: Beginner line/partner dance



Line dance version is named "Put On Your Shirt"

Dance forms a diamond starting 1:30 (NE)-10:30(NW)-7:30(SW)-4:30(SE). The 1st & 3rd walls are slightly longer than the 2nd & 4th. Pair starts on standard Latin pair dance position. It might be easier to start already turned to diagonal right

MAN'S STEPS (ALMOST THE SAME AS IN LINE DANCE VERSION):

MOVING FORWARD NE (1:30): (CROSS) STEP LEFT, STEP RIGHT, LEFT SHUFFLE, ¼ PIVOT TURN LEFT, RIGHT CHASSE

- 1-2 Step left foot (cross) right to diagonal right, step right forward diagonal right (1:30)
- 3&4 Step left forward, step right close to left, step left forward (diagonal right 1:30)
- 5-6 Step right foot forward, turn ¼ left weight on left (you are facing left diagonal NW, 10:30)
- 7&8 Step right to right, step left together, step right foot right

¼ TURN RIGHT, MOVING RIGHT NW (10:30): ¼ TURN LEFT, CROSS SHUFFLE RIGHT, ROCK STEP RIGHT, TOUCH BALL CHANGE

- 1-2 Step left cross right and starting ¼ turn left, step right to right completing ¼ turn left (now you are facing SW, 7:30) put some distance between your bodies to have room for the cross shuffle steps
- 3&4 Step left cross right, step right to right, step left cross right
- 5-6 Rock step right to right, recover to left (pull your bodies back together)
- 7&8 Touch right toe forward between lady's legs, step right ball next to left, change weight to left

MOVING FORWARD SW (7:30): RIGHT & LEFT STEP, LOCK STEP, LEFT & RIGHT SWEEP, SAILOR STEP WITH ¼ TURN LEFT

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, step left behind right, step right forward
- 5-6 Sweep left round right forward, step right round left forward
- 7&8 Step left behind right, step right in place turning ¼ left, step left in slightly forward (you are now facing SE, 4:30)

MOVING FORWARD SE (4:30): RIGHT & LEFT STEP, SHUFFLE, (MODIFIED) ROCKING CHAIR

- 1-2 Step right forward, step left forward

Hands: lady's left hand and man's right hand should be joined and raised together above her head to guide lady's turning. Man's left hand can give some push lady's left hand to help lady turn

- 3&4 Step right forward, step left close right, step right forward

ENDING IN 1 WALL VERSION (MODIFIED ROCKING CHAIR)

- 5-6 Rock step left forward, recover to right. Joined hands forward
- 7-8 Rock step left back turning ¼ left, recover to right (you are now facing NE, 1:30) hands will return to the original beginning positions

ENDING IN 4 WALL VERSION (ROCKING CHAIR)

- 5-6 Rock step left forward, recover right
- 7-8 Rock step left backward, recover right

Hands will return to the original beginning positions

REPEAT

LADY'S STEPS:

MOVING BACK NE (1:30): (CROSS) STEP RIGHT BACK, STEP BACK LEFT, RIGHT SHUFFLE BACK, ¼ REVERSE PIVOT TURN LEFT, LEFT CHASSE

- 1-2 Step right foot (behind left) to NE, step left backward diagonal left (turning 1/8 left) (NE, 1:30)
- 3&4 Step right backward, step left close to right, step right backward (NE 1:30)
- 5-6 Step left foot back, turn ¼ left weight on right (you are facing SE 4:30)
- 7&8 Step left to left, step right together, step left foot left

¼ TURN LEFT AND MOVING LEFT NW (10:30): ¼ TURN LEFT, CROSS SHUFFLE LEFT, ROCK STEP LEFT, SIDE TOUCH BALL CHANGE

- 1-2 Step right back and starting ¼ turn right, step left close to right completing ¼ turn right (now you are facing NE, 1:30)
- 3&4 Step right cross left, step left to left, step right cross left
- 5-6 Rock step left to left, recover to right
- 7&8 Touch left toe left, step the ball of left foot close to right, change weight to right

MOVING BACK SW (7:30): LEFT & RIGHT STEP, LOCK STEP, RIGHT & LEFT SWEEPS, SHUFFLE STEP WITH ¼ TURN LEFT

- 1-2 Step left backward, step right backward
- 3&4 Step left backward, step right cross right, step left backward
- 5-6 Sweep right round left backward, sweep left round right backward
- 7&8 Make shuffle step in place turning ¼ left moving slightly SE: step right to right, step left close to right turning, step right in place (you are now facing NW, 10:30)

MOVING BACK SE (4:30): FULL TURN ON TWO STEPS, ½ TURNING SHUFFLE, MODIFIED ROCKING CHAIR OR ½ TURN RIGHT

- 1-2 Turning ½ to the left on right ball step left forward, turning ½ to the left on left ball step right backward

Hands: lady's left hand and man's right hand should be joined and raised together above her head to guide lady's turning. Man's left hand can give some push lady's right hand to help lady turn (hands will separate for the next 8 counts)

- 3&4 Step left, right, left ½ turn to the left

Ending in 1 wall version (modified rocking chair)

- 5-6 Rock step right forward, recover to left. Joined hands forward
- 7-8 Rock step right back turning ¼ right, recover to left

Hands will return to the original beginning positions

Ending in 4 wall version (½ turn right)

- 5-6 Step right forward, step left cross right turning ¼ right
- 7-8 Step right in place turning ¼ right, step left close to right

Hands will return to the original beginning positions

REPEAT
