Take Your Time (Do It Right)



拍数: 32 墙数: 4 级数: Intermediate/Advanced

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STEP, CROSS, RECOVER, BACK LOCK STEP, ½ TURN, WALK, WALK, KICK, OUT, OUT

1 Step left forward

2-3 Cross right over left, recover onto left

4&5 Step back on right, lock left in front of right, step back on right

6-7 Make ½ turn left while stepping forward on left, step forward on right

8&1 Kick left forward, step left to left, step right to right

BODY ROLL, TWIST RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT, HOOK

2-3 Body roll head to toe with hip circle to the left from left to left (weight ending on left)

Easier option:

2-3 Hip circle to the left from left to left (weight ending on left)
4&5 Twist both heels right, left, right turning left ¼ turn (9:00)
6&7 Twist both heels left, right, left turning right ½ turn (3:00)

8 Hook right in front of left

FULL TRIPLE TURN RIGHT, STEP TURN, CROSS, TOUCH, CROSS, TOUCH

1&2 Triple full turn right, stepping right, left, right

Easier option:

Step forward on right, left lock behind right, step right forward
Step forward left, pivot ½ right while keeping weight on left

5-8 Cross right over left, touch left to left, cross left over right, touch right to right (shimmy

shoulders on 5-8)

ROCK, RECOVER, ½ TURN RIGHT SHUFFLE, FULL TURN, FORWARD TAP, BACK

1-2 Step forward right, recover onto left

3&4 Shuffle right, left, right while turning ½ right

5-6 ½ turn right stepping back on left, ½ turn right stepping forward on right

Easier option:

5-6 Walk forward left, right

&7-8 Jump left forward tapping right behind left, step back on right

REPEAT